

FEDERATION of ARTISTIC ROLLER SKATING

Formerly part of the National Skating Association of Great Britain founded in 1879

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NEW TEST SCHEDULE AS FROM 1 JANUARY 2011

TO JUDGES/AFFILIATED CLUBS

On behalf of the Board of FARS, Victoria Brown, Carla Smith and Carole Mould have worked on a new Test Schedule for Free Skating, in order to make the Test Pass more achievable for everyone, and this is attached and will come into force as from 1 January 2011, when the current test schedule will be abolished.

I thank Victoria, Carla and Carole for their work on our behalf.

The same rules will be applied to Judges as now :-

All single jumps must be off the foot and not the toe stop (unless of course it is a toe loop or similar).

Take-offs on the toe stops are allowed on double jumps and above, BUT this should be as the skater takes off to jump and not sliding along the floor on the stop before take off.

A good landing with a running edge is necessary on all jumps whether they are single, double or triple. **A "flick around" is not acceptable**

All spins must have at least 3 rotations in each position/each edge, to be considered as correct, and must finish either a) Perfect dead stop, or b) out on to a good running edge.

In the step sequence it will be expected to see turns in both directions, and that the floor coverage is as required.

The above is all included in the notes at the end of this new Test Schedule, and refers to all Tests, from Elementary to Gold without exception, so all Trainers/Skaters/Judges should make sure they are aware of these requirements before a Test is passed.

This information will also be available on the FARS web site.

Kind regards

MARGARET BROOKS
Technical Officer.