

**NEW LONG PROGRAMME FOR 2010
(as at 10.1.2010)**

Notes for the Guidance of Referees:-

1. The Referee and Assistant (where applicable), will be responsible for counting if a skater has performed more than the 3 times the same jump (type and rotation) in the whole long programme and will advise the Judges of the penalty.
If a Referee has missed an element and a Judge/s has noticed, the Judge should advise the Referee of this.
2. The rotation, and kind of Jump will be counted as executed when they are actually “seen” and not just “assumed” by a Referee.
Example – if a skater takes off for an obvious Double Axel and performs a single, it will be counted as a single and not a double.
3. If a Combination Jump (Double Lutz, Half Loop, Double Salchow) becomes a Double Lutz, Half Loop, Salchow, the Salchow will not be considered as one of the counted Double Salchows of course.
4. All cheated jumps will be counted (a Double Axel landed with a quarter turn on the end, a Double Loop flicked at the end, etc.) but of course with less value.
5. A real Lutz is very hard to see (off the outside edge), so all jumps attempted as a double Lutz will be counted as a double Lutz. It is obvious that a Double Lutz taken from the wrong edge will be considered a poor jump and be marked as such.
6. Combination Jumps – the same applies as above. If there is an interruption due to a fall the Combination can be repeated but with a different element: Double Lutz, Loop, Double Loop (fall) skater can do Double Lutz, Loop, Double Loop Half Loop Double Salchow.
7. SPINS:
 - a. Single Spins – The same applies as above, if a Spin does not have 3 revolutions it will be counted as an attempt and marked as such.
 - b. Combination Spins – Attempts at a change of position poorly performed will be considered and marked as such.
 - c. If a skater presents just one single spin the penalization will be doubled – they have not presented two Spins and they have not performed a Combination Spin

REMEMBER –

JUMPS OF 2 REVOLUTIONS OR MORE CAN BE PERFORMED NO MORE THAN 3 TIMES IN THE LONG PROGRAMME.

COMBINATION JUMPS MUST BE DIFFERENT.

THERE MUST BE AT LEAST TWO SPINS, ONE OF WHICH MUST BE A COMBINATION.

ALL THE ABOVE MUST BE CONSIDERED BY THE REFEREE AND THE JUDGES ADVISED OF ANY PENALTY THAT HAS TO BE GIVEN.

GENERAL REMINDER – FALLS – ALL CATEGORIES

The complete loss of balance with the body making contact with the floor will be penalised by 0.3 on each and every occasion. This amount will be deducted from the “B” mark.

Judges must write their mark and clearly cross this out and put in the mark with the fall/s deducted.

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Suggested categories for Referee paper :-

Toe Loop. Salchow. Loop. Lutz. Axel. Flip. Combination Jump

Single Spin. Combination Spin