



CONFÉDÉRATION EUROPÉENNE DE ROLLER-SKATING
C.E.R.S. (Affiliée à la F.I.R.S.)
COMITÉ EUROPÉEN DE PATINAGE ARTISTIQUE (C.E.P.A.)

7 December 2009

IMPORTANT MODIFICATIONS FOR 2010

The CEPA Committee met in Netherlands over the weekend to discuss the Regulations for CEPA for 2010.

It is important that all Coaches, Judges, Skaters, note these important Changes. The modifications will be put on the CERS web site: www.cerskating.eu.com

MOST IMPORTANT MODIFICATIONS!!!!

AGES: (this will take effect in Gt.Britain as from January 1st 2010)

The Age of Junior has been changed to be in line with the World Championships – 19 years (1991). This will affect all Competitions and Championships run by CEPA, including the Junior Precision.

The ages of Minis, Espoir, Cadet, Youth will be increased by one year in January 2011.

In 2011 Cadet Groups in Show will be replaced by Youth Groups. In all Categories with the exception of Cadet Quartets, the minim age will be 12 years.

FREE SKATING LONG PROGRAMMES (with immediate effect for Gt.Britain)

In ALL categories the long programmes (for Minis, Espoir, Cadet, Youth, Junior, Senior) have the same regulations as from 1 January 2010:-

- A jump of the same kind (type and rotation), with the exception of one revolution Jumps or less, can be performed no more than three (3) times in the whole programme. If the skater performs the same jump (type and rotation) more than three (3) Times, a deduction of 0.3 from the "A" mark will be applied.
- All the Combination Jumps MUST be different. If a skater performs the same combination jumps more than once, a deduction Of 0.3 from the "A" mark will be applied.
- There MUST be at least two (2) spins, one of which MUST be a combination. If the skater does not perform a combination spin, a deduction of 0.5 will be Applied from the "A" mark
If the skater performs less than two (2) spins a deduction of 0.5 will be applied from the "A" mark

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