



The Federation of Artistic Roller Skating

From: Head of Figures & Free – Jim Drain | Email: hoff@fars.co.uk | Date: 28/02/2020

Dear Coaches & Skaters,

RE: RollArt Spin Combo Clarification for 2020

The FARS Figure & Free team would like to provide some clarification on the rule regarding duplication in spin combos for 2020. Several coaches have asked for this as they were uncertain as to what constitutes duplication within two combo spins.

In the program requirements for each age group, the Freeskating rules contain statements such as “**The three spins must be different**”. The term “different” is then explained further on page 18 of the Freeskating Rules which states the following: “**For the combos to be ‘different’ the skaters cannot perform the same type of spins (foot/edge/direction) consecutively in both combos**”

For clarification, this means that the same two spins cannot be repeated back to back more than once. To help understand how this works in reality, we have created the following table with examples of what is allowed, what is not allowed and why:

#	1 st Combo	2 nd Combo	Allowed	Reason
1	LFO C + LBI S + LBI U	LFO C + RBO S + RBO U	Yes	Because only 1 spin position (LFO C) is presented in both combos
2	LFO C + LBI S + LBI U	LFO C + LBI S + LBI U	No	Because the two combos are identical from start to end
3	LFO C + LBI S + LBI U	LFO C + LBI S + RBO U	No	Because the first two positions (LFO C + LBI S) appear in both combos
4	LFO C + RBO S + RBO U	RBO C + RBO S + RBO U	No	Because the last two positions in the combo (RBO S + RBO U) are identical
5	LFO C + RBO C + RBO S	RBO C + RBO S + RBO U	No	Because the RBO C + RBO S appear back to back somewhere in both camels

Please note, the spins that are repeated are highlighted above in bold.

The code definitions used in the table above are as follows:

L = Left	C = Camel
R = Right	S = Sit
F = Forward	U = Upright
B – Backwards	Example: LFO C = Left Forward Outside Camel
I = Inside	
O = Outside	

If you have any questions about this rule on spin duplication, please contact the Figure and Free team at ffqueries@fars.co.uk.

Kind regards,
Jim
Head of Figures & Free