

THE WESTMINSTER WALTZ

Eric Van Weyden and Eva Keats

Music: Waltz 3/4

Tempo: 138

Hold: See below

Pattern: Set

Steps:

Hold	Steps	Man	Lady	Beats	
Kilian	1	LFO	LFO	2	
	2	Run RFI	Run RFI	1	
	3	LFO slight change edge	LFO Slight change edge	3	
	4	RFI	RFI	3	
	5	LFI Open Mohawk	LFI Open Mohawk	3	
Reversed Kilian	6	RBI	RBI	3	
Kilian	7	LBO	LBO	6	
	8	RFI	RFI	3	
	9	LFO	LFO	3	
	10	Cross Roll RFO	Cross Roll RFO	6 3	
			Three RBI	3	
Closed Foxtrot	11	LFO	RFI	2	
Foxtrot	12	Cross Chasse RFI	Cross Chasse LFO	1	
	13	LFO swing counter LBO	RFI swing rocker RBI	6 3	
	14	RBI	LBO	3	
	15	LFO	RFI	6 3	
			Three to RBO	3	
Waltz	16	Slight X-FRFO	Slight X-B LBO	2	
	17	Run LFI	Run RBI	1	
	18	RFI	LBI	3	
	19	LFO	RBO	3	
	20	Cross roll RFO	Cross roll LBO	3	
Waltz			Three to RBI	3	
	21	LBO	RFO Three to RBI	6 3	
			LBO	3	
	Reversed Kilian	22	RFO Change edge	RFO Change edge	6
			Change Sides		

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Notes:

The beginning of the dance is skated in Kilian position using the thumb pivot grip for the hands to facilitate the changing of sides by the partners. The lady's hands are held above the man's with the thumbs extending downwards into the man's fists. Upright stance without breaking at the waist is important. The only free leg swings occur on the six beat (or more) edges.

Step 2 is a run. There is a change of edge at the end of step 3 so that step 4 RFI may be directed outwards in contrast to the direction of steps 1, 2 and 3.

Steps 5 and 6 are an open mohawk; at the start the man is on the lady's left side during the turn both rotate individually and afterwards he is on her right.

On step 10, a crossed roll, the lady momentarily releases her hold on the man while she turns her three in front of him, after which the partners join in closed position which almost immediately changes to open position for steps 11 and 12 which are crossed chasses skated on a curve.

Step 13 for the lady is an inside forward swing rocker held for six beats before the turn and three beats afterwards.

Step 13 for the man is an outside forward swing counter held similarly for six beats before the turn and three beats afterwards.

Step 14 (RBI for the man and LBO for the Lady) **must** be taken from the side of the preceding foot.

On step 15 the man follows the lady's tracing as she turns an inside three on beat 4 of this six beat edge. Step 16 is started very slightly crossed in front.

Step 17 is a run with very moderate progressive movement of the feet and afterwards both partners step to the side (about 18 inches) for the start of step 18.

The man does a LFO edge (step 19), and the lady does a RBO edge.

Step 20 is a cross roll followed by RFO three for the man and LBO for the lady.

On step 21 the man skates a six beat LBO not too deep. The lady releasing her left hand turns a three on beat three heading for his left shoulder. She removes her right hand from his left and in its place immediately gives him her left. She steps on to her LBO on beat 4 and extends her right arm across to her partner's right (reversed kilian position).

Starting step 22 with the lady on the man's left she skates across in front of him to his right side in position to repeat the dance. Care must be taken in swinging the free legs on this edge so as not to interfere with the lady's crossing in front of the man.

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