

THE EUROPEAN WALTZ

Music: Waltz 3/4

Tempo: 120

Hold: Waltz

Pattern: Set

Steps:

Hold	Step	Man	Lady	Beats
Waltz	1	LFO	RBO	3
	2	Cross roll RFO Three to RFI	LBO	3
	3	LBO	RFO Three to RBI	3
	4	RFO	LBO	3
	5	Cross roll LFO Three to LBI	RBO	3
	6	RBO	LFO Three to LBI	3
	7	LFO Three to LBI	RBO	3
	8	RBO	LFO Three to LBI	3
	9	LFO Three to LBI	RBO	3
	10	RBO	LFO Three to LBI	3
	11	LFO Three to LBI	RBO	3
	12	RBO	LFO Three to LBI	3
	13	LFO	RBO	3
	14	Cross roll RFO Three to RBI	LBO	3
	15	LBO	RFO Three to RBI	3
	16	RFO	LBO	3
	17	Cross roll LFO Three to LBI	RBO	3
	18	RBO	LFO Three to LBI	3

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Notes:

The basic edges of the European Waltz consist of a three turn, an outside back edge, and an outside forward edge for the man, while the lady skates an outside back edge.

Semi circular lobes of these three edges are skated along the sides of the rink first starting towards the long axis, the second starting towards the barrier, etc.

The lobes along the sides of the rink are connected across the rink ends by larger lobes in which the three sequences have been increased by adding several more three turns and back edges for each partner.

Commence all edges on a bent tracing knee with tracing shoulder slightly ahead – never with the free shoulder leading.

The man's three turn at the beginning of each lobe is started as a cross roll. Threes must be turned between the partners feet.

In turning the three the tracing hip is turned towards the partner and is practically in line with the tracing foot.

The unemployed hip is pressed back so that the instep of the free foot, with the toe turned downward and outwards, is in line with and, for the turn, slightly behind the tracing foot (**not by the side**). Rotate the unemployed shoulder in the direction of the turn, then on the third beat, with a stretching of the knee, the weight evenly on the skate, and the turning to forward of the unemployed hip, the tracing hip is allowed to turn in line with the shoulders.

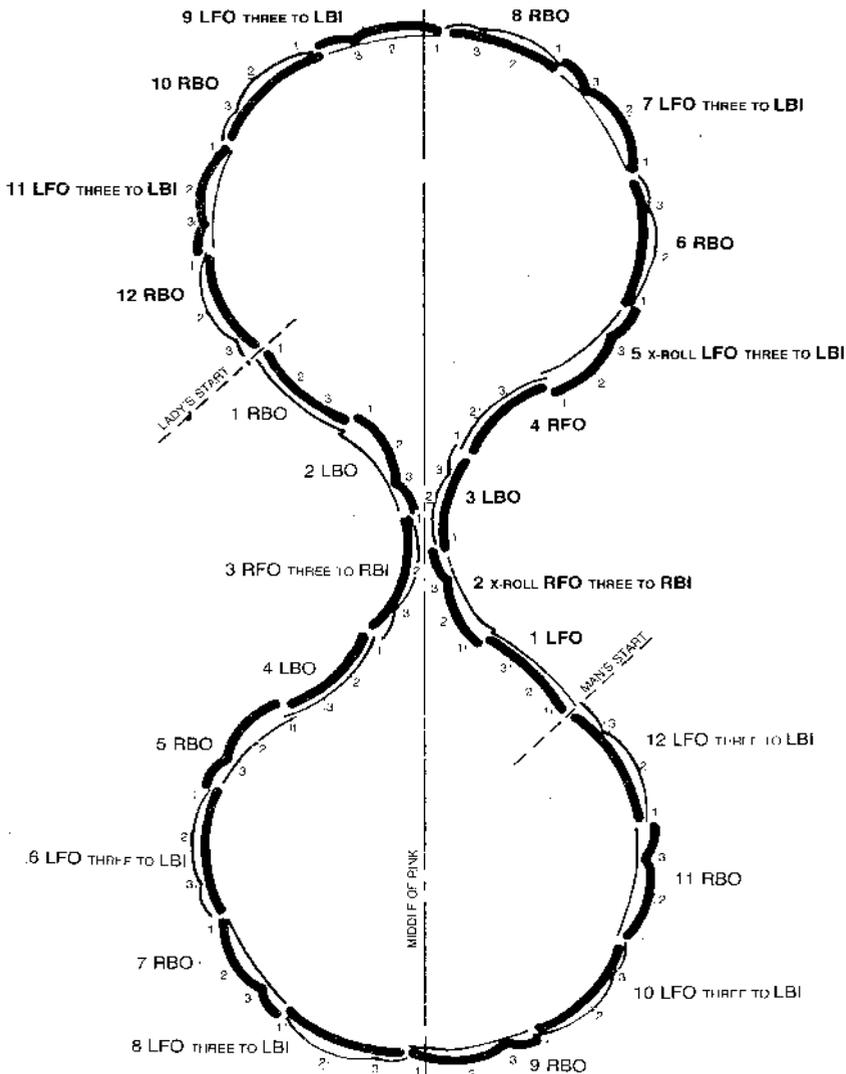
As the turn is made the shoulders and hips must be checked to avoid a natural tendency to revolve too far.

Three turns to be clean (not pulled), and turned between the partner's feet. After the turn the free foot should be placed on the floor (not dropped), close to and slightly behind the back inside tracing foot.

The partners skate this dance in closed or waltz position and the man should remain directly facing his partner on all edges.

The rotation of the partners around each other is continuous throughout each lobe and reverses its direction at the beginning of every new lobe.

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MAN – Heavy Line & description

LADY – Light Line & description