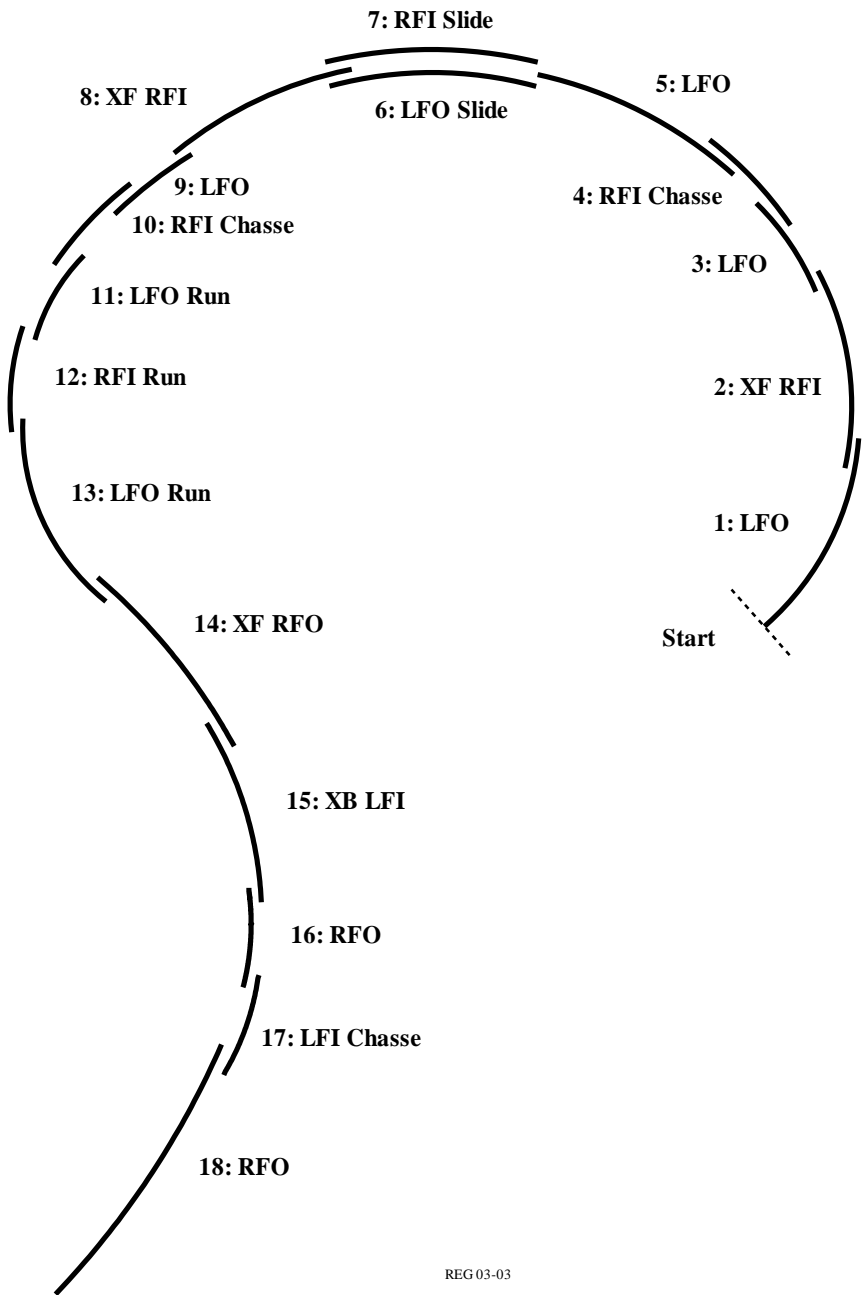


DENVER SHUFFLE



DENVER SHUFFLE

Music Polka

Hold Kilian

Steps

Hold	Steps	Man	Lady
Kilian	1	LFO	LFO
	2	RFI-XF	RFI-XF
	3	LFO	LFO
	4	RFI Chasse	RFI Chasse
	5	LFO	LFO
	6	LFO Slide	LFO Slide
	7	RFI Slide	RFI Slide
	8	RFI X-F	RFI X-F
	9	LFO	LFO
	10	RFI Chasse	RFI Chasse
	11	LFO Run	LFO Run
	12	RFI Run	RFI Run
	13	LFO Run	LFO Run
	14	RFO X-F	RFO X-F
	15	LFI X-B	LFI X-B
	16	RFO	RFO
	17	LFI Chasse	LFI Chasse
	18	RFO	RFO

DENVER SHUFFLE

NOTES

Steps 4, 10 and 17 are raised chasse's

This dance features a "slide" movement on steps 6 and 7. During the preparation for step 6, the right skate is brought up parallel to and alongside the left skate.

With both skates in contact with the surface, the body weight is transferred to the right skate, with the left skate sliding forward into a leading position, all eight wheels being on the skating surface.

In preparation for step 7, the left skate slide back and parallel to the right skate. During step 7, the body weight is transferred to the left skate and the right skate now slides forward into a leading position, all eight wheels being on the skating surface.

The slide movement is NOT a dance split, with the body weight equally distributed between the two skates.

There should be no noticeable hesitation between the execution of the two slides.

All four wheels of the right skate are to be lifted from the skating surface in preparation for step 8, the TWO beat XF-RIF.

Steps 2, 8 and 14 are crossed progressive strokes.

The dance should be skated lively, with a bold approach to step execution.

It is essential that the dance be controlled during the skating of the centre lobes edges so as not to distort the pattern at the corners of the rink.