

## ASSOCIATION WALTZ

Originated by: Adapted from Imperial Waltz of L.Gowing by Ronald E.Gibbs

**Music:** Waltz 3/4  
**Position:** Waltz, Promenade, Foxtrot  
**Competitive Requirements:** 2 Sequences

**Tempo:** 132  
**Pattern:** Set

The dance consists of two symmetrical parts that form a whole lap of the skating surface and are skated mutually by both partners.

Steps 1 to 8, 14 to 21 and 10, 11, 13 and 23, 24, 26 are skated in Waltz position.

Steps 1 and 14, LFO and RBO respectively for the man and woman (step 1), and vice versa (step 14), aim toward the long side barrier, followed by a chasse Ch RFI and Ch LBI (step 2), and vice versa (step 15).

On steps 3 and 16, (6 beats), the partners perform a LFO (man) and RBO (woman) with a swing on the fourth beat, from in back to front for the partner skating forward and vice versa for the partner skating backwards. The direction is towards the long side of the barrier becoming parallel to it, and finally aiming toward the long axis.

Step 4 (3 beats) is a RFO 3t for the man, with the three turn on the third beat, in the direction of the long axis, while the woman skates a LBO. The steps are reversed on step 17.

Step 5 (6 beats), LBO Sw for man and Mk RFO Sw for the woman, intersects the short axis and descends toward the long side barrier. This step is executed with a swing of the free legs on the fourth beat (from back to front for the partner skating forward and vice versa for the partner skating backwards). This also occurs on step 18 but with opposite roles.

Steps 6, 7, 8, and 19, 20, 21, are all steps that are performed for one beat each on the musical counts "1- 2 - 3".

Steps 9, Mk LFO for the man and RFI (open stroke) for the woman, and 22 RFI (open stroke) for the man and Mk LFO for the woman, are 2 beats each and are skated parallel to the long side barrier in Foxtrot position (Step 9), and Promenade position (Step 22).

Step 10 Ch RFI for the man and HhMk LBI (heel to heel) for the woman, (1 beat), curves away from the long side barrier; on this step the couple assumes Waltz position.

Step 11, LFO for man and RBO for the woman (3 beats each), is skated in the direction of the long axis.

On Step 12, the man skates a RFI for three beats (open stroke) with the free foot angled laterally to the skating foot, while the woman performs a Mk LFO 3t (three turn on the 3rd beat) in front of the man, passing under the link of the partners' left arms. The movement of the right hand /arm of both partners is optional. The partners reassume Waltz position, after the woman's three turn, on step 13, during which the man performs a LFO 3t (the three turn on the 3rd beat) and the woman a RBO. With step 14, RBO for the man and Mk LFO for the woman (3 beats), the dance is repeated, but with the woman forward and the man backwards.

The same steps are performed on the opposite side of the floor during the sequence of steps 24, 25, and 26, with the roles of the skaters reversed (with respect to steps 12-13-14). The exception is on step 25, during which the man moves in front of the woman to perform a Mk LFO 3t, releasing his hold with the woman while she performs a RFI (open stroke). The movement of the hands/arms of both partners is optional.

On step 26 the woman skates LFO 3t and the man skates a RBO followed by a Mk, to perform the restart of the dance.

Step 1 is repeated twice.

## KEY POINTS - ASSOCIATION WALTZ

### SECTION 1

1. Steps 3 (RBO Sw for the woman / LFO Sw for the man), 5 (Mk RFO Sw for the woman / LBO Sw for the man): swings on the 4th beat, kept on outside edges without deviation of the edge of the skating foot, and with good unison/symmetry of the free legs.
2. Steps 4: RFO 3t: correct execution of the three turn with feet together (on the 3rd beat), properly maintaining the correct edge of the skating foot before and after the turn.
3. Steps 6, 7, 8 (run sequences for each partner): correct timing of the steps that must be one beat each.  
Step 9 RFI (two beats): attention to correct timing, especially between steps 8 and 9, where the skaters often tend to slow down the sequencing of the steps, skating them out of time.
4. Steps 10 for the woman: HhMk LBI (heel to heel): correct execution of the heel to heel mohawk from inside edge to inside edge and not a choctaw.
5. Steps 12, 13 for both skaters: during this series of steps pay attention to the special hold described above; correct execution of the three turns (on the 3<sup>rd</sup> beat) with no deviation from the correct edge of the skating foot before and after the turn.

### SECTION 2

1. Steps 16 (LFO Sw for the woman / RBO Sw for the man), 18 (LBO Sw for the woman / Mk RFO Sw for the man): swings on the 4th beat, kept on outside edges without deviation of the edge of the skating foot, and with good unison/symmetry of the free legs.
2. Steps 17: RFO 3t: correct execution of the three turn with feet together (on the 3rd beat), properly maintaining the correct edge of the skating foot before and after the turn.
3. Steps 19, 20, 21 (run sequences for each partner): correct timing of the steps that must be one beat each.  
Step 22 RFI (two beats): attention to correct timing, especially between steps 21 and 22, where the skaters often tend to slow down the sequencing of the steps, skating them out of time.
4. Steps 23 for the man: HhMk LBI (heel to heel): correct execution of the heel to heel mohawk from inside edge to inside edge and not a choctaw.
5. Steps 25, 26 for both skaters: during this series of steps pay attention to the special hold described above; correct execution of the three turns (on the 3<sup>rd</sup> beat) with no deviation from the correct edge of the skating foot before and after the turn.

**LIST OF THE STEPS**

**ASSOCIATION WALTZ**

<b>Hold</b>	<b>Step No.</b>	<b>MAN'S STEPS</b>	<b>Musical Beats</b>		<b>WOMAN'S STEPS</b>
			<b>M</b>	<b>W</b>	
Waltz	1	LFO		2	RBO
	2	Ch RFI		1	Ch LBI
	3	LFO Sw		3+ 3	RBO Sw
	4	RFO 3t	2+1	3	LBO
	5	LBO Sw	3+3	3+3	Mk RFO Sw
	6	RBO		1	LFO
	7	run LBI		1	run RFI
	8	run RBO		1	run LFO
Foxtrot	9	Mk LFO		2	RFI
Waltz	10	Ch RFI		1	HhMk LBI
	11	LFO		3	RBO
See Notes (hold released)	12	RFI	3	2+ 1	LFO 3t
Waltz	13	LFO 3t	2+ 1	3	RBO
	14	RBO		2	Mk LFO
	15	Ch LBI		1	Ch RFI
	16	RBO Sw		3+ 3	LFO Sw
	17	LBO	3	2+ 1	RFO 3t
	18	Mk RFO Sw	3+3	3+3	LBO Sw
	19	LFO		1	RBO
	20	run RFI		1	run LBI
	21	run LFO		1	run RBO
Promenade	22	RFI		2	Mk LFO
Waltz	23	HhMk LBI		1	Ch RFI
	24	RBO		3	LFO
See Notes (hold released)	25	Mk LFO 3t	2+ 1	3	RFI
Waltz	26	RBO	3	2+ 1	LFO 3t

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