



The Federation of Artistic Roller Skating

From: Head of Figures & Free – Ben Prior | Email: HoFF@fars.co.uk | Date: 11 Jan 2018

To all FARS members of Figures and Free,

RE: FREE SKATING SEMINAR – FEB 2018

Date : 10th & 11th Feb 2018 - 09:00 to 18:00

Venue : Walsall E-Act Academy, Primley Avenue, Walsall, West Midlands, WS2 9UA

I am delighted to announce that a FARS Free skating seminar will be held at the Walsall E-Act Academy on the 10th and 11th Feb. The seminar will be run by our Head of Coaching for Figures and Free, Alessio Gangi. It is open to all **Free Skaters**, **Coaches** and **Judges** and I invite clubs to submit a list of skaters and coaches who wish to attend using the application form at the end of this document. Please ensure that this reaches me by email no later than the 31st Jan 2018.

During the weekend we will also be conducting **coach meetings** and as such it is essential that coaches attend the seminar if at all possible, even if your skaters do not. If you are a **Judge** please e-mail the Technical Officer to register your interest and again this is a significant event which is important to attend in order to fully appreciate the changes that are happening within GB free skating.

A full program for the weekend will be released closer to the time but it will cover all aspects of fundamental skating skills, jump and spin technique as well as off skates work and fitness. It will be hard work but it will lay the foundation for our skaters to unlock their potential during the season ahead and going forwards. For participation in the seminar, skaters will be mainly grouped by competitive age category.

In order for everyone to get the most from the weekend I will need to limit the number of places to 80 skaters (no limits on coaches or judges) and these will be issued on a first come first served basis. The cost of the seminar will be £50 per skater for the two days or £25 for those who are only able to attend one day (no charge for coaches or judges). However, please note that information will not be repeated on both days so it is strongly recommended that everyone attends both.

I appreciate that the costs to skaters are high, but if a suitable number of skaters sign up for the weekend then I will do my best to reduce the cost of future events where I can. In addition to this, and



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in response to discussions relating to multiple skater families, I would like to offer the following sibling discount to assist families who have more than one skater attending:

1st Sibling: Full price

2nd Sibling: 25% discount

3rd Sibling: 50% discount (also applicable to 4 or more siblings)

Example: 3 siblings for both days would be £50.00 + £37.50 + £25.00

Payment Information:

Full payment will be required before the event and the recommended payment method is bank transfer please as follows:

Account Name : Federation of Artistic Skating

Account Number : 66775132

Sort Code : 53-61-24

Reference : FS+FARS membership No.+1st 3 letters of your surname

Example: "FS_123_PRI" - It is vital that a correct reference is given so that we can match your payment with your application.

Contact Details:

If you have any questions about the seminar please email either myself or Alessio at the following email addresses:

Ben : HoFF@fars.co.uk

Alessio : CoachingFF@fars.co.uk

For judge related enquiries please contact Jill: TechnicalFF@fars.co.uk

I look forward to seeing you at the seminar

Kind regards,

Ben Prior

Head of Figures and Free



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Club Name:					
SKATERS wishing to attend					
#	Skater Name	Age Category	Saturday	Sunday	FARS Membership No.
e.g.	Jo Smith	Cadet	Y	Y	12345
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
COACHES wishing to attend					
#	Name				
1					
2					
3					
4					
5					

Note: Please provide the age category regardless of whether skating British Championships as well as indicate which days each skater wishes to attend. Please add more rows where required.

Please return the above form to be by email to HoFF@fars.co.uk no later than 31st Jan

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