Federation of Artistic Roller Skating

Figures & Free
Calendar of Events

2020

General Rules and Information

Age Categories 2020

Single, Pairs, Dance, Solo Dance

CATEGORY	AGE
Tots	8 and 9 years old
Minis	10 and 11 years old
Espoir	12 and 13 years old
Cadet	14 and 15 years old
Youth	16 years old
Junior	17 and 18 years old
Senior	19 years old on

Note: the AGE column in the table above refers to the age the skater is turning in the year of the competition (that is, in the calendar year beings 1st of January through to and including the 31st of December, in the year of the competition).

For pairs and couple dance, the category will be determined by the age of on the oldest partner.

Events Calendar 2020

Competition	Dates	Events	Disciplines
Training Weekend	28th/29th March 2020 Kettering Arena Sports	FARS Training Weekend	Figures & Free
FARS A Competition	10th/11th/12th April 2020 UEA, Norwich	A Events: Tots – Senior	Figures & Free
Promotional Competition	13th/14th June 2020 Kettering Arena Sports	B Events: Levels 1 – 7	Figures & Free
FARS Championships	17th/18th/19th July 2020 Kettering Arena Sports	A Events: Tots – Senior	Figures & Free

World Skate program rules can be found in the document titled "OFFICIAL REGULATION ARTISTIC – FREE 2020" here: http://www.worldskate.org/artistic/about/regulations/category/262-rule-books.html

NOTES FOR THE COMPETITIVE STRUCTURE

UNLESS SPECIFIED OTHERWISE THSE RULES COVER ALL DISCIPLINES OF ARTISTIC ROLLER SKATING

1.   All competitors in FARS Events must be fully paid up members of the Federation of Artistic Roller Skating (FARS)

2.   All entries, must be received by the office a minimum of two (2) calendar months prior to the date of the event. No late entries will be accepted.

3.   All Championship entries are controlled by age, including Inline.

4.   The standard of a skater is on the closing date for entries. Any forthcoming tests will not be taken into consideration.

5.   All ages quoted within the structure are "skating ages". In the case of Dance and Pairs events, the age used for the calculation will be that of the eldest partner. If during the season the partnership splits, then in the following season the respective partners can re-enter at the level at which their age dictates.
The skating age is the age of a skater in the year in which the events take place.

6.   The structure allows all skaters to skate one Championship in any one season; as set by their age.
NOTE: There is no restriction on entering both the Junior and Senior Championships (including the Solo Dance Championships) in the same year, but once a skater has entered a Senior Championship, they cannot go back to the Junior event in subsequent years.

7.   In the case of Figure and Free Skating Championships, skaters can enter just one of the disciplines if they wish to do the single discipline.

8. The compulsory figures in FARS events will be skated on circles of 6 metres in diameter.

9. Music for FARS events must be sent digitally before the event. Clubs must take the appropriate steps to ensure that the music recording levels have been maximised and that the music provided is clear and is the correct version. Full instructions of how to do this will be sent to all clubs – any music not complying with these instructions will be rejected. 1 (one) USB per club should be brought to the venue containing all the club's music as a backup, the USB should be clearly marked with the clubs name. FARS can only accept MP3 format.

10. The Board of FARS may decide to split the Event by age, if necessary, after the closing date. The order of skating in both Long and Free Dance programmes will be determined by a redraw in groups if necessary, based upon the result calculated by the FIRS Artistic system following the short programme or Style Dance.

11. For all Solo Dance Events LADIES STEPS will be skated unless specified.

12. Music: Style Dance – It is mandatory to present before the Dance competition a certificate to confirm:
    1.   The rhythms used
    2.   The number of BPM of the Compulsory Dance Sequence(s)

FARS will arrange verification of Style Dance, information will be sent to all clubs when this service if open.

13. There is no restriction on skaters entering both their respective Solo and Couples Dance Events.

14. FARS reserves the right to refuse admission to any FARS Event.

15. The skating surface will be cleaned between events where needed. No person is permitted to enter the skating rink to pick up stones at anytime.

16. All championships will be judged using the Rollart judging system where applicable.

Rules and Regulations

FARS follows the WORLD SKATE rules and regulations, all rules can be found within the books on the below link.

http://www.worldskate.org/artistic/about/regulations/category/262-rule-books.html

If you have any questions around any of the rules, please don't hesitate to contact the FARS Technical Officers

Dance – technicald@fars.co.uk
Figures and Free – technicalff@fars.co.uk

Federation Fees 2020

Championship Fees 2020 season

Tots & Mini Championships	£20.00 per skater
Espoir, Cadet & Youth Championships	£30.00 per skater
Junior & Senior Championships	£40.00 per skater
Classic & Masters Championships	£30.00 per skater
Couples	£20.00 per skater
Precision / Show / Quartet	£10.00 per skater

Competition Fees 2020 season

FARS Figure & Free Competition	£20.00 per skater
Spring/Autumn Solo Events	£20.00 per skater
Spring/Autumn Duo / Couples	£12.00 per skater
Spring/Autumn Teams	£12.00 per skater

Test Fees

Elementary / Preliminary Class	£11.00
Inter-Bronze / Bronze Class	£16.00
Intermediate Second Class	£16.00
Second Class	£20.00
Intermediate First Class	£20.00
First Class	£20.00
Gold Star	£29.00

Federation Membership Subscription Fees

Junior (Under 18 years)	£24.00 per year
Senior (18 and over)	£36.00 per year

NEW FIRST TIME MEMBERS will receive a reduced membership of half price (£12.00 for Juniors and £18 for Seniors) for their first year of Membership. (This does not apply for lapsed memberships who must renew at the normal rate).

Club Affiliation Fees   £50.00 per annum

Affiliated Skating School Fees   £100.00 per annum

Permit Fees
No permit fees are payable for Affiliated Clubs
Non-Affiliated Clubs / Organisations permit fee £50.00

Line Fees
For all Competitions a levy of £1 is payable on each entry line from the published results
This applies to both Affiliated and Non-Affiliated Clubs.
If these are not paid within 28 days after the Competitions, double fees will be invoiced.

Exhibition Permit Fees   Galas / Shows / Pantomimes / etc.
By arrangement with the FARS Office

Neither the Federation of Artistic Roller Skating nor its Departmental Committees or Sub-Committees shall be liable for accidents however caused by the Federation Members. Affiliated Clubs or their Members, Competitors or Candidates for Tests or Officials appointed by FARS arising out of or in connection with the activities of the Federation on outdoor or indoor surfaces.

FARS A COMPETITION & CHAMPIONSHIPS

Dates
FARS A Competition : 10th/11th/12th April 2020 at UEA, Norwich
Championships   : 17th/18th/19th July 2020 at Kettering Arena Sports

The FARS A Competition (April) and the FARS Championship (July) events will be run by Age under the World Skate age categories and rules. Entry requirements for Freeskating will be moving towards minimum RollArt Qualification Score but in order to make the transition smooth FARS will support both Test Standards and Qualification Score in 2020. A skater may enter an event if they are of the correct Age and they hold the required Test Standard <u>OR</u> RollArt Qualification Score. Entry requirements for Figures will remain by Test Standard.

Figures

Championship - Figures		
Category	Required Standard	Figures
Tots	-	Group 1 1 a/b 4 a/b Group 2 2 a/b 3 a/b
Mini	Elementary	Group 1 8 a/b 11 14 Group 2 9 a/b 10 14
Espoir	Elementary	Group 1 19 a/b 22 a/b 30 a/b Group 2 18 a/b 28 a/b 15 Group 3 13 19 a/b 30 a/b

Cadet	Preliminary	Group 1
		13
		19 a/b
		15
		20 a/b
		Group 2
		18 a/b
		21 a/b
		30 a/b
		28 a/b
		Group 3
		19 a/b
		22 a/b
		16
		28 a/b
		Group 4
		13
		18 a/b
		30 a/b
		23 a/b
Youth	Inter Bronze	Group 1
		20 a/b
		33 a/b
		16
		36 a/b
		Group 2
		21 a/b
		32 a/b
		17
		29 a/b
	Preliminary	Group 3
		22 a/b
		33 a/b
		17
		36 a/b

		Group 4 23 a/b 32 a/b 30 a/b 29 a/b
Junior	Bronze	Group 1 42 a/b 38 a/b 36 a/b Group 2 43 a/b 31 a/b 40 a/b Group 3 44 a/b 38 a/b 40 a/b Group 4 45 a/b 31 a/b 37 a/b
Senior	Inter Silver	Group 1 46 a/b 39 a/b 47 a/b Group 2 48 a/b 38 a/b 49 a/b Group 3 50 a/b 39 a/b 51 a/b Group 4 52 a/b 38 a/b 53 a/b

Please refer to "Appendix B – Figure Numbers" for descriptions of each figure.

Freeskating

Championship - Freeskating		
Category	Required Standard	Qualification Score
Tots	-	-
Mini	Elementary	2
Espoir	Elementary	4
Cadet	Prelim	8
Youth	Inter Bronze	10
Junior	Bronze	12
Senior	Inter Silver	15

Entry Qualifications:

In order to qualify for entry to the freeskating events above, the skater must hold either the Test Standard or the RollArt Qualification Score shown for their category. A personal best RollArt score may be used without any limitation on when it was achieved. However, the score must have been achieved at a recognised FARS or international event judged with RollArt as the primary judging system. PDF evidence should be submitted at the time of entry where Qualification Score is used as the basis for entry.

SHOW & PRECISION

- Precision Championships
- Show Teams
  - Small Groups (6-12 skaters)
  - Large Groups (16-30 Skaters)
  - Quartet

Show, Precision and Quartet entries will be accepted for the FARS A Competition in April and the FARS Championships in July.

For all Show events, there is a minimum age limit of 12 years old. World Skate rules apply and can be found under the following links:

SHOW

http://www.worldskate.org/artistic/about/regulations/category/262-rule-books.html?download=3969:official-regulation-artistic-show-2020

PRECISION

http://www.worldskate.org/artistic/about/regulations/category/262-rule-books.html?download=3968:official-regulation-artistic-precision-2020

PROMOTIONAL COMPETITION

Dates

13th/14th June 2020 at Kettering Arena Sports

The Promotional competition will be held for those skaters who are not eligible for the A events of the FARS Competition in April or Championships in July. Skaters may enter a specific discipline in either the Promotional competition **OR** FARS Comp/Championships but not both due to time limitations. However, for clarification, a skater may enter one discipline in the Promotional competition and a different discipline in FARS Comp/Championships (e.g. Promotional Figures, Championship Free).

Figures

The FARS Promotional Figure events will be run by Test Standard as follows:

Promotional - Figures			
Category	Required Standard	Figures	Notes
Novice	-	1 a/b 2 a/b	Figures taken from Elementary test
Elementary	Elementary	3 5 a/b	Figures taken from Preliminary test
Preliminary	Preliminary	4 8 a/b	Figures taken from Inter-Bronze test
Inter-Bronze	Inter-Bronze	6 a/b 11 27 a/b	Figures taken from Bronze test
Bronze	Bronze	19 a/b 15 28 a/b	Figures taken from Inter-Silver test
Inter Silver	Inter Silver	16 21 a/b 22 a/b	Figures taken from Silver test
Silver	Silver	29 a/b 31 a/b 40 a/b	Figures taken from Inter-Gold test

Please refer to "Appendix B – Figure Numbers" for descriptions of each figure.

Freeskating

The FARS Promotional Freeskating events will be run by skating ability under new ability levels 1 to 7. Each level will be capped in terms of allowable elements and will be judged under the World Skate rules Tots to Senior. There are no minimum entry requirements for these events, however, skaters may not perform technical elements outside of those listed below for each category. Illegal Element Deductions will be made in such situations. FARS reserve the right to move skaters into lower level events if entries in an event are deemed too low.

Promotional - Freeskating				
Category	Maximum Elements Allowed	World Skate Rules	Short Program	Long Program
Level 1a	1W, 1T, 1S, U	Tots	No	Yes
Level 1b	1W, 1T, 1S, 1F, 1Lz, U	Tots	No	Yes
Level 1c	1W, 1T, 1S, 1F, 1Lz, 1Lo, 1Th, U, S	Tots	No	Yes
Level 2	Singles, 1A, 2T, 2S, U, S, C	Minis	No	Yes
Level 3	Singles, 1A, Doubles, U, S, C	Espoir	Yes	Yes
Level 4	Singles, 1A, Doubles, 2A, U, S, C, H	Cadet	Yes	Yes
Level 5	Singles, 1A, Doubles, 2A, Triples, U, S, C, H	Youth	Yes	Yes
Level 6	Singles, 1A, Doubles, 2A, Triples. U, S, C, H, Br, In	Junior	Yes	Yes
Level 7	Singles, 1A, Doubles, 2A, Triples. U, S, C, H, Br, In	Senior	Yes	Yes

Please refer to "Appendix A – Element Codes" for descriptions of the Elements referenced above

CLARIFICTION – AGE & ABILITY:

Please note that the events listed above are organised by ability level and <u>NOT</u> by age. We have given the corresponding World Skate Rules category for each level to confirm which rules will be used when judging the event, however, this does not limit skaters based on age. Skaters of any age may enter any Level providing they stick to the Maximum Elements Allowed. Skaters may enter any Promotional event, but FARS strongly recommends that the skater's ability accurately matches the elements allowed. These are not "required" elements but RollArt can be harsh if elements are performed poorly. For example, a jump which is deemed downgraded will receive very low scores. Likewise, a spin that is not in the correct position for the minimum revolutions will receive NO VALUE. Please choose your event wisely. For help and guidance on which events would be most suitable, please email FFQueries@fars.co.uk.

HOW TO USE THIS TABLE:

1) **Find the Level that best matches the skater's ability based on the Maximum Elements Allowed**
   For example, if a skater can perform a clean or very good attempt at a Three Jump (1W), Toe Loop (1T), Salchow (1S) and an Upright Spin (U) then they would be most suited to Level 1a. If they can perform a Flip (1F) and Lutz (1Lz) also then Level 1b would be more suitable. A Sit Spin (S) and a Loop (1L) as well would mean that Level 1c may be better for them.

2) **Check the contents of the World Skate Rules column for your chosen Level**
   This will tell you what kind of program should be skated for that Level. The whole Level (or event) will be judged using the World Skate rules for that category plus additional rules which govern the Maximum Elements Allowed. For example, if Level 1b is selected, the skater should skate a Tots program regardless of their age. In addition to the normal World Skate rules for Tots, the skater may only perform the elements stated in the Max Elements Allowed column. In the case of Level 1b this would be a Three Jump (1W), Toe Loop (1T), Salchow (1S), Flip (1F), Lutz (1Lz) and an Upright Spin (U). Any elements above these in difficulty would attract a 1.0 point Illegal Element deduction.

3) **Check the contents of the Short Program and Long Program columns for your chosen Level**
   A Short program will be required if "Yes" appears in the Short Program column for your chosen level. A Long program will be required if "Yes" appears in the Long Program column for your chosen level. Please refer to the World Skate rules for program length and requirements.

APENDIX A – ELEMENT CODES

Code	Element
1W	Waltz Jump
1T	Toeloop
1S	Salchow
1F	Flip
1Lz	Lutz
1Lo	Loop
1Th	Thoren
1A	Axel
2T	Double Toe Loop
2S	Double Salchow
2A	Double Axel
Singles	1T, 1S, 1F, 1Lz, 1Lo, 1Th
Doubles	2T, 2S, 2F, 2Lz, 2Lo
U	Upright
S	Sit
C	Camel
Br	Broken Ankle Camel
H	Heel Camel
In	Inverted Camel

APENDIX B – FIGURE NUMBERS

#	A/B	Figure	"A" Direction	"B" Direction
1	A	Eights	RFO – LFO	
2			RFI – LFI	
3			RBO – LBO	
4			RBI – LBI	
5	A/B	Change Eights	RFOI – LFIO	LFOI – RFIO
6			RBOI – LBIO	LBO – RBIO
7	A	Threes	RFO 3 BI – LFO 3 BI	
8	A/B		RFO 3 BI – LBI 3 FO	LFO 3 BI – RBI 3 FO
9			RFI 3 BO – LBO 3 FI	LFI 3 BO – RBO 3 FI
10	A	Double Threes	RFO 3 BI 3 FO – LFO 3 BI 3 FO	
11			RFI 3 BO 3 FI – LFI 3 BO 3 FI	
12			RBO 3 FI 3 BO – LBO 3 FI 3 BO	
13			RBI 3 FO 3 BI – LBI 3 FO 3 BI	
14	A	Loops	RFO – LFO	
15			RFI – LFI	
16			RBO – LBO	
17			RBI – LBI	
18	A/B	Brackets	RFO BK BI – LBI BK FO	LFO BK BI – RBI BK FO
19			RFI BK BO – LBO BK FI	LFI BK BO – RBO BK FI
20	A/B	Rockers	RFO RK BO – LBO RK FO	LFO RK BO – RBO RK FO
21			RFI RK BI – LBI RK FI	LFI RK BI – RBI RK FI
22	A/B	Counters	RFO C BO – LBO C FO	LFO C BO – RBO C FO
23			RFI C BI – LBI C FI	LFI C BI – RBI C FI

#	A/B	Figure	"A" Direction	"B" Direction
			Figure Numbers (continued…)	
24	A/B	Change Eights	RFOI – LFIO	LFOI – RFIO
25			RBOI – LBIO	LBOI – RBIO
26	A/B	Change Threes	RFOI 3 BO – LBOI 3 FO	LFOI 3 BO – RBOI 3 FO
27			RFIO 3 BI – LBIO 3 FI	LFIO 3 BI – RBIO 3 FI
28	A/B	Change Double Threes	RFOI 3 BO 3 FI – LFIO 3 BI 3 FO	LFOI 3 BO 3 FI – RFIO 3 BI 3 FO
29			RBOI 3 FO 3 BI – LBIO 3 FI 3 BO	LBOI 3 FO 3 BI – RBIO 3 FI 3 BO
30	A/B	Change Loops	RFOI - LFIO	LFOI – RFIO
31			RBOI - LBIO	RBOI – RBIO
32	A/B	Change Brackets	RFOI BK BO – LBOI BK FO	LFOI BK BO – RBOI BK FO
33			RFIO BK BI – LBIO BK FI	LFIO BK BI – RBIO BK FI
34	A/B	Paragraph Threes	RFO 3 BIO 3 FI – LFI 3 BOI 3 FO	LF0 3 BIO 3 FI – RFI 3 BOI 3 FO
35			RBO 3 FIO 3 BI – LBI 3 FOI 3 BO	LBO 3 FIO 3 BI – RBI 3 FOI 3 BO
36	A/B	Paragraph Double Threes	RFO 3 BI 3 FOI 3 BO 3 FI – LFI 3 BO 3 FIO 3 BI 3 FO	LFO 3 BI 3 FOI 3 BO 3 FI – RFI 3 BO 3 FIO 3 BI 3 FO
37	A/B		RBO 3 FI 3 BOI 3 FO 3 BI – LBI 3 FO 3 BIO 3 FI 3 BO	LBO 3 FI 3 BOI 3 FO 3 BI – RBI 3 FO 3 BIO 3 FI 3 BO
38	A/B	Paragraph Loops	RFOI - LFI	LFOI - RFI
39			RBOI – LBI	LBOI – RBI
40	A/B	Paragraph Brackets	RFO BK BIO BK FI – LFI BK BOI BK FO	LFO BK BIO BK FI – RFI BK BOI BK FO
41			RBO BK FIO BK BI – LBI BK FOI BK BO	LBO BK FIO BK BI – RBI BK FOI BK BO
42	A/B	Counter Brackets	RFO C BO BK – LFI C BI BK FO	LFO C BO BK – RFI C BI BK FO
43	A/B	Rocker Double Threes	RFO RK BO 3 FI 3 BO – LBO RK FO 3 BI 3 FO	LFO RK BO 3 FI 3 BO – RBO RK FO 3 BI 3 FO
44			RFI RK BI 3 FO 3 BI – LBI RK FI 3 BO 3 FI	LFI RK BI 3 FO 3 BI – RBI RK FI 3 BO 3 FI
45	A/B	Counter Brackets	RBO C FO BK – LBI C FI BK BO	LBO C FO BK – RBI C FI BK BO
46	A/B	Double Three Rockers	RFO 3 BI 3 FO RK BO 3 FI 3 BO – LBO 3 FI 3 BO RK FO 3 BI 3 FO	LFO 3 BI 3 FO RK BO 3 FI 3 BO – RBO 3 FI 3 BO RK FO 3 BI 3 FO
47	A/B	Bracket Counters	RFO BK BI C FI BK BO – LBO BK FI C BI BK FO	LFO BK BI C FI BK BO – RBO BK FI C BI BK FO
48	A/B	Double Three Rockers	RBO 3 FI 3 BO RK FO 3 BI 3 FO – LFO 3 BI 3 FO RK BO 3 FI 3 BO	LBO 3 FI 3 BO RK FO 3 BI 3 FO – RFO 3 BI 3 FO RK BO 3 FI 3 BO
49	A/B	Bracket Counters	RBO BK FI C BI BK FO – LFO BK BI C FI BK BO	LBO BK FI C BI BK FO – RFO BK BI C FI BK BO
50	A/B	Double Three Counters	RFO 3 BI 3 FO C BO 3 FI 3 BO – LBO 3 FI 3 BO C FO 3 BI 3 FO	LFO 3 BI 3 FO C BO 3 FI 3 BO – RBO 3 FI 3 BO C FO 3 BI 3 FO
51	A/B	Bracket Rockers	RFO BK BI RK FI BK BO – LBO BK FI RK BI BK FO	LFO BK BI RK FI BK BO – RBO BK FI RK BI BK FO
52	A/B	Double Three Counters	RBO 3 FI 3 BO C FO 3 BI 3 FO – LFO 3 BI 3 FO C BO 3 FI 3 BO	LBO 3 FI 3 BO C FO 3 BI 3 FO – RFO 3 BI 3 FO C BO 3 FI 3 BO
53	A/B	Bracket Rockers	RBO BK FI RK BI BK FO – LFO BK BI RK FI BK BO	LBO BK FI RK BI BK FO – RFO BK BI RK FI BK BO

Circuits: Paragraph figures and paragraph loops require 2 circuits, all other figures require 3 unless stated otherwise at time of event.

APPENDIX C – FIGURE CODES

The table in Appendix B uses the following codes to describe a figure in terms of it's take off, edges and turns:

Code	Category	Description
RFO	Take Offs	Right forward outside takeoff
LFO		Left forward outside takeoff
RFI		Right forward inside takeoff
LFI		Left forward inside takeoff
RBO		Right back outside takeoff
LBO		Left back outside takeoff
RBI		Right back inside takeoff
LBI		Left back inside takeoff
-		Indicates that a change of feet is required for the upcoming takeoff
FO	Edges	Forward outside edge
FI		Forward inside edge
BO		Back outside edge
BI		Back inside edge
3	Turns	Three turn
BK		Bracket
RK		Rocker
C		Counter
FOI	Change of Edge	Forward outside to inside change of edge
FIO		Forward inside to outside change of edge
BOI		Back outside to inside change of edge
BIO		Back inside to outside change of edge