

Federation of Artistic Roller Skating

Calendar of Events

2020



General Rules and Information



Age Categories 2020

Single, Pairs, Dance, Solo Dance

CATEGORY	AGE
Tots	8 and 9 years old
Minis	10 and 11 years old
Espoir	12 and 13 years old
Cadet	14 and 15 years old
Youth	16 years old
Junior	17 and 18 years old
Senior	19 years old on

Note: the AGE column in the table above refers to the age the skater is turning in the year of the competition (that is, in the calendar year begins 1st of January through to and including the 31st of December, in the year of the competition).

For pairs and couple dance, the category will be determined by the age of on the oldest partner.

FARS Events Calendar 2020

- 14th / 15th March** **Spring Solo Dance** **Kettering Sports Arena**
Address: Thurston Drive, Kettering, NN15 6PB
- 18th / 19th April** **Rollart Simulation Event - Dance** **TBC**
Championship Skaters only
Address:
- 29th – 31st May** **Championships – Dance** **Kettering Sports Arena**
Tots, Mini, Espoir Classic and Master's
Address: Thurston Drive, Kettering, NN15 6PB
29th will be used for official practice in the evening from approx. 6pm
- 10th - 12th July** **Championships - Dance** **Kettering Sports Arena**
Cadet, Youth, Junior & Senior
Address: Thurston Drive, Kettering, NN15 6PB
10th will be used for official practice in the evening from approx. 6pm
- 12th / 13th Sept** **Autumn Solo Dance** **Kettering Sports Arena**
Address: Thurston Drive, Kettering, NN15 6PB

NOTES FOR THE COMPETITIVE STRUCTURE

UNLESS SPECIFIED OTHERWISE THESE RULES COVER ALL DISCIPLINES OF ARTISTIC ROLLER SKATING

1. All competitors in FARS Events must be fully paid up members of the Federation of Artistic Roller Skating (FARS)
 2. All entries, must be received by the office a minimum of two (2) calendar months prior to the date of the event. No late entries will be accepted.
 3. All Championship entries are controlled by age, including Inline.
 4. The standard of a skater is on the closing date for entries. Any forthcoming tests will not be taken into consideration.
 5. All ages quoted within the structure are "skating ages". In the case of Dance and Pairs events, the age used for the calculation will be that of the eldest partner. If during the season the partnership splits, then in the following season the respective partners can re-enter at the level at which their age dictates. The skating age is the age of a skater in the year in which the events take place.
 6. The structure allows all skaters to skate one Championship in any one season; as set by their age. NOTE: There is no restriction on entering both the Junior and Senior Championships (including the Solo Dance Championships) in the same year, but once a skater has entered a Senior Championship, they cannot go back to the Junior event in subsequent years.
 7. In the case of Figure and Free Skating Championships, skaters can enter just one of the disciplines if they wish to do the single discipline.
 8. The compulsory figures in FARS events will be skated on circles of 6 metres in diameter.
 9. Music for FARS events must be sent digitally before the event. Clubs must take the appropriate steps to ensure that the music recording levels have been maximised and that the music provided is clear and is the correct version. Full instructions of how to do this will be sent to all clubs – any music not complying with these instructions will be rejected. 1 (one) USB per club should be brought to the venue containing all the club's music as a backup, the USB should be clearly marked with the clubs name. FARS can only accept MP3 format.
 10. The Board of FARS may decide to split the Event by age, if necessary, after the closing date. The order of skating in both Long and Free Dance programmes will be determined by a redraw in groups if necessary, based upon the result calculated by the FARS Artistic system following the short programme or Style Dance.
 11. For all Solo Dance Events LADIES STEPS will be skated unless specified.
 12. Music: Style Dance – It is mandatory to present before the Dance competition a certificate to confirm:
 1. The rhythms used
 2. The number of BPM of the Compulsory Dance Sequence(s)
- FARS will arrange verification of Style Dance, information will be sent to all clubs when this service is open.
13. There is no restriction on skaters entering both their respective Solo and Couples Dance Events.
 14. FARS reserves the right to refuse admission to any FARS Event.
 - 15. The skating surface will be cleaned between events where needed. No person is permitted to enter the skating rink to pick up stones at anytime.**
 - 16. All championships will be judged using the Rollart judging system where applicable.**

Rules and Regulations

FARS follows the WORLD SKATE rules and regulations, all rules can be found within the books on the below link.

<http://www.worldskate.org/artistic/about/regulations/category/262-rule-books.html>

If you have any questions around any of the rules, please don't hesitate to contact the FARS Technical Officers

Dance – technicald@fars.co.uk

Figures and Free – technicalff@fars.co.uk

Federation Fees 2020

Championship Fees 2020 season

Tots & Mini Championships	£20.00 per skater
Espoir, Cadet & Youth Championships	£30.00 per skater
Junior & Senior Championships	£40.00 per skater
Classic & Masters Championships	£30.00 per skater
Couples	£20.00 per skater
Precision / Show / Quartet	£10.00 per skater

Competition Fees 2020 season

Spring/Autumn Solo Events	£20.00 per skater
Spring/Autumn Duo / Couples	£12.00 per skater
Spring/Autumn Teams	£12.00 per skater

Test Fees

Elementary / Preliminary Class	£11.00
Inter-Bronze / Bronze Class	£16.00
Intermediate Second Class	£16.00
Second Class	£20.00
Intermediate First Class	£20.00
First Class	£20.00
Gold Star	£29.00

Federation Membership Subscription Fees

Junior (Under 18 years)	£24.00 per year
Senior (18 and over)	£36.00 per year

NEW FIRST TIME MEMBERS will receive a reduced membership of half price (£12.00 for Juniors and £18 for Seniors) for their first year of Membership. (This does not apply for lapsed memberships who must renew at the normal rate).

<u>Club Affiliation Fees</u>	£50.00 per annum
-------------------------------------	------------------

<u>Affiliated Skating School Fees</u>	£100.00 per annum
--	-------------------

Permit Fees

No permit fees are payable for Affiliated Clubs
Non-Affiliated Clubs / Organisations permit fee £50.00

Line Fees

For all Competitions a levy of £1 is payable on each entry line from the published results
This applies to both Affiliated and Non-Affiliated Clubs.
If these are not paid within 28 days after the Competitions, double fees will be invoiced.

Exhibition Permit Fees Galas / Shows / Pantomimes / etc.

By arrangement with the FARS Office

Neither the Federation of Artistic Roller Skating nor its Departmental Committees or Sub-Committees shall be liable for accidents however caused by the Federation Members. Affiliated Clubs or their Members, Competitors or Candidates for Tests or Officials appointed by FARS arising out of or in connection with the activities of the Federation on outdoor or indoor surfaces.

Couples & Solo Dance



Championships Entry standard for Dance

Category	Solo Dance Test Standard	Couples Dance Test Standard
Senior	None required	None required
Junior	None required	None required
Youth	Bronze	None required
Cadet	Inter-Bronze	None required
Espoir	Preliminary	None required
Minis	Elementary	None required
Tots	None required	None required

Style Dance Rhythm Information

RHYTHMS

Swing Medley

Foxtrot, Quickstep, Swing, Charleston, Lindy Hop

Spanish Medley

Paso Doble, Flamenco, Tango, Spanish Waltz, Bolero Gypsy Music, Fandango

Classic Medley

Waltz, Classic Polka, March, Galop

Latin Medley

Mambo, Salsa, Merengue, Bachata, Bossa nova, Batucada, Cha Cha Cha, Samba, Rumba

Rock Medley

Jive, Boogie Woogie, Rock & Roll, Blues, Old Jazz

Folk Dance

Ethnic Dance

Modern Music Medley

Disco Music, Pop, Dance, Hip Hop, Soul, Rap, Techno, House, Hard Rock

Musical-Operetta Medley

Official Programme Timings

SENIOR	
Couple Style Dance	3:00 min. +/- 10 sec
Couple Free Dance	3:50 min. +/- 10 sec
Solo Style Dance	2:50 min. +/- 10 sec
Solo Free Dance	3:30 min. +/- 10 sec
JUNIOR	
Couple Style Dance	3:00 min. +/- 10 sec
Couple Free Dance	3:50 min. +/- 10 sec
Solo Style Dance	2:50 min. +/- 10 sec
Solo Free Dance	3:30 min. +/- 10 sec
YOUTH	
Couple Free Dance	3:30 min. +/- 10 sec
Solo Free Dance	3:15 min. +/- 10 sec
CADET	
Couple Free Dance	3:15 min. +/- 10 sec
Solo Free Dance	3:00 min. +/- 10 sec
ESPOIR	
Couple Free Dance	3:00min. +/- 10 sec
Solo Free Dance	2:30 min. +/- 10 sec
MINI	
Couple Free Dance	2:30min. +/- 10 sec
Solo Free Dance	2:00min. +/- 10 sec
TOTS	
Couple Free Dance	2:00min. +/- 10 sec
Solo Free Dance	2:00min. +/- 10 sec

Tots Solo Dance Free Dance are FARS rules only.

International Selection Criteria

International Championships Events

Includes European Championships, World Championships and Cup of Europe ONLY

All selections for the above events will be based on championships results, teams will be announced at championships wherever possible. The final decision on selections will be made by the FARS Executive Board.

Finishing 1st, 2nd or 3rd in the National Championships does not guarantee selection.

'A' International Events

Includes Hettange, German Cup & Misano,

To apply for a 'A' International event please complete an *International Application Form* (available on the FARS site <http://www.fars.co.uk/international-news>).

To be considered for a 'A' International competition, the below must first be adhered to:

- Top 10 finish at National Championships
- Minimum Test Standard:
 - Senior
 - Junior
 - Youth Bronze
 - Cadet Inter-Bronze
 - Espoir Preliminary

There is no minimum test standard for Minis for these International competitions.

'B' International Events

Includes Saen Trophy, Chapatim Roller Cup, Issy, Swiss Cup, Trofeo International, Sedmark Bressan, Amphora, Fabio Paulin Trophy)

To apply for a 'B' International event please complete an *International Application Form* (available on the FARS site <http://www.fars.co.uk/international-news>).

To be considered for a 'B' International competition, the below must first be adhered to:

- Competed at National Championships

Additional Notes

1. Skaters applying for 'A' or 'B' international competitions maybe asked to complete a trial if they are applying for a higher category than skated in their previous championships.
2. Clubs must apply on behalf of skaters, applications from skaters or parents directly will be declined.
3. All contact from FARS will be direct to the club and not the individual skaters
4. All correspondence from skaters must be via the club to FARS including acceptance emails.
5. All 'A' class international competitions skaters will skate under Great Britain and skaters must wear the Great Britain 'B' tracksuit, t-shirts and parade outfit
6. All 'B' international competitions skaters will skate under their club and NOT Great Britain. Skaters should wear their club uniform and parade outfit.

Tots / Mini / Espoir / Classic / Masters Championship Dances 2020

TOTS CHAMPIONSHIPS

SOLO DANCE

Dance 1: Skaters March 4 sequences
 Dance 2: La vista Cha Cha 4 sequences

TOTS				
Free Dance	Footwork Sequence	Artistic Sequence	Travelling	Choreo. Step
	Max. Level 1	Max. Level 1	Max. level 1	Yes

Tots Free Dance are FARS rules only.

COUPLES DANCE

Dance 1: Skater March 4 sequences
 Dance 2: La vista Cha Cha 4 sequences

TOTS			
Free Dance	Hold	No Hold	Choreo. poses
	Max. Level 1	Max. Level 1	2

MINI & ESPOIR CHAMPIONSHIPS

SOLO DANCE

ESPOIR				
Compulsory	Roller Samba	Little Waltz (SOLO)		
Free Dance	Footwork Sequence	Artistic Sequence	Travelling	Choreo. Step
	Max. Level 2	Max. Level 2	Max. Level 2	Yes

MINIS				
Compulsory	Skaters March	Carlos Tango		
Free Dance	Footwork Sequence	Artistic Sequence	Travelling	Choreo. Step
	Max. Level 1	Max. Level 1	Max. Level 1	Yes

COUPLES DANCE

ESPOIR							
Compulsory		Roller Samba		Little Waltz (Couple)			
Free Dance							
Hold	No Hold	Travelling	Cluster	Choreo. Lift	Stationary Lift	Rotational Lift	Combo. Lift
Max. Level 2	Max. Level 2	Max. Level 2	-	Yes	Max. Level 2	Max. Level 2	-

MINIS							
Compulsory		Skaters March		Carlos Tango			
Free Dance							
Hold	No Hold	Travelling	Choreo. Lift				
Max. Level 1	Max. Level 1	Max. Level 1	Yes				

CLASSIC / MASTERS CHAMPIONSHIPS

Skaters entering the Senior Couples/Solo Dance Championships in 2017, 2018 & 2019 are not eligible for these events. Skaters may only enter one solo dance Championship.

CLASSIC COUPLES

Over 25 years

Dance 1:	La vista Cha Cha	3 sequences
Dance 2:	City Blues	3 sequences
Dance 3:	Denver Shuffle	3 sequences

CLASSIC SOLO Intermediate

Over 25 years - Up to Bronze

Dance 1:	Werner Tango	3 sequences
Dance 2:	Keats Foxtrot	3 sequences
Dance 3:	Tudor Waltz	3 sequences

CLASSIC SOLO Advanced

Over 25 years – Inter-Silver & above

Dance 1:	Dench Blues	2 sequences
Dance 2:	Federation Foxtrot	2 sequences
Dance 3:	Easy Paso	4 sequences

MASTERS SOLO A

Over 40 – 55 years

Dance 1:	Carlos Tango	3 sequences
Dance 2:	Kinder Waltz	3 sequences

MASTERS SOLO B

Over 56 years & Above

Dance 1:	City Blues	3 sequences
Dance 2:	Olympic Foxtrot	3 sequences

Classic / Masters Ages

Ages are from 1st January to 31st December. Please make sure you are skating in the correct category. If you are in your 56th year you will be skating MASTER SOLO B.

NB: Masters skaters are permitted to skate in the Classic event, but unable to skate in both Masters and Classics.

Cadet / Youth / Junior / Senior Championship Dances 2020

SOLO DANCE

SENIOR					
Style Dance					
Rhythm	Footwork Sequence		Travelling	Cluster	Compulsory
Latin Medley	Yes		Yes	Yes	Loran Rumba
Free dance					
-	Footwork Sequence	Artistic Sequence	Travelling	Choreo. Step	Cluster
-	Yes	Yes	Yes	Yes	Yes

JUNIOR					
Style Dance					
Rhythm	Footwork Sequence		Travelling	Cluster	Compulsory
Classic Medley	Yes		Yes	Yes	Flirtation Waltz
Free dance					
-	Footwork Sequence	Artistic Sequence	Travelling	Choreo. Step	Cluster
-	Yes	Yes	Yes	Yes	Yes

YOUTH					
Compulsory	Cha Cha Patin	Kent Tango			
Free Dance	Footwork Sequence	Artistic Sequence	Travelling	Choreo. Step	Cluster
	Max. Level 4	Max. Level 4	Max. Level 3	Yes	Max. Level 3

CADET					
Compulsory	Federation Foxtrot	Siesta Tango			
Free Dance	Footwork Sequence	Artistic Sequence	Travelling	Choreo. Step	Cluster
	Max. Level 3	Max. Level 3	Max. Level 2	Yes	Max. Level 2

COUPLES DANCE

SENIOR								
Style Dance								
Rhythm	Hold	No Hold	Travelling	Compulsory	Stationary Lift	Rotational Lift	Combo. Lift	Cluster
Modern Medley	Yes	-	-	Iceland Tango	-	Yes	-	Hold
Free Dance								
-	Hold	No Hold	Travelling	Choreo. Lift	Stationary Lift	Rotational Lift	Combo. Lift	Cluster
-	Yes	-	Yes	Yes	Yes	Yes	Yes	No Hold

JUNIOR								
Style Dance								
Rhythm	Hold	No Hold	Travelling	Compulsory	Stationary Lift	Rotational Lift	Combo. Lift	Cluster
Latin Medley	Yes	-	-	Golden Samba	Yes	-	-	Hold
Free Dance								
-	Hold	No Hold	Travelling	Choreo. Lift	Stationary Lift	Rotational Lift	Combo. Lift	Cluster
-	Yes	-	Yes	Yes	Yes	Yes	Yes	No Hold

YOUTH							
Compulsory		Cha Cha Patin		Harris Tango (double)			
Free Dance							
Hold	No Hold	Travelling	Cluster	Choreo. Lift	Stationary Lift	Rotational Lift	Combo. Lift
Max. Level 4	Max. Level 4	-	No Hold Max. Level 3	Yes	-	Max. Level 4	Max. Level 4

CADET							
Compulsory		Swing Foxtrot		Siesta Tango			
Free Dance							
Hold	No Hold	Travelling	Cluster	Choreo. Lift	Stationary Lift	Rotational Lift	Combo. Lift
Max. Level 3	Max. Level 3	Max. Level 2	-	Yes	Max. Level 3	Max. Level 3	-

SPRING SOLO DANCE 2020

The Spring Solo Dance will be based on standard only. The white system will be used to judge this event and all events will be closed marking

Solo Dance

- Skaters are permitted to enter one (1) Solo Dance
- Non-Medallist events will be judged using the knockout judging system
- Skaters are permitted to skate up 1 test standard

Event 1	Non-Medallist	Skaters March	Olympic Foxtrot
Event 2	Elementary	Carlos Tango	Denver Shuffle
Event 3	Preliminary	Werner Tango	Roller Samba
Event 4	Inter-Bronze/Bronze	Siesta Tango	Cha Cha Patin
Event 5	Inter-Silver/Silver	Imperial Tango	Flirtation Waltz
Event 6	Inter-Gold & above	Loran Rumba	Argentine Tango
Event 7	Classic over 25 years - Intermediate Up to Bronze	Kent Tango	Roller Samba
Event 8	Classic over 25 years - Advanced Inter-Silver and above	Dench Blues	Federation Foxtrot
Event 9	Masters 40 - 55 years	City Blues	Canasta Tango
Event 10	Masters 56 years +	Skaters March	Denver Shuffle

Classic / Masters Ages

Ages are from 1st January to 31st December. Please make sure you are skating in the correct category. If you are in your 56th year you will be skating MASTERS 56 years +.

Duo Dance

Duo Dance Rules

- Skaters are only permitted to enter one (1) Duo event
- Conventional Couples holds (Waltz, Foxtrot, Tango etc.) are not permitted to be used in Duo teams. The deduction for these holds will be .3

Event 11	Non-Medallist	Glide Waltz	City Blues
Event 12	Elementary / Preliminary	Carlos Tango	Olympic Foxtrot
Event 13	Inter-Bronze / Bronze	Siesta Tango	Kilian
Event 14	Inter-Silver +	Quickstep	Federation Foxtrot

Couples Dance

Event 15	Non-Medallist – Elementary	Skater March	Glide Waltz
Event 16	Preliminary - Bronze	City Blues	Werner Tango
Event 17	Inter-Silver +	Italian Foxtrot	Iceland Tango

The standard of the couple is based on the highest standard of either the Man or Lady.

Example – Man = Silver, Lady = Bronze – The couple will skater – Inter-Silver + event.

Free Dance

Event 18 Non-Medallist 2:00min. +/- 10 sec

Non-Medallist				
Free Dance	Footwork Sequence	Jump	Travelling	Choreo. Step

Footwork Sequence

- Must include 3 different turns. Accepted turns:
 - Bracket
 - Counter
 - Rocker
 - Travel Sequence
 - Loop
- Sequence must start from the short side
- Pattern is free
- Maximum of 30 secs
- Must cover a minimum of half the skating surface
- Linking steps should be used

Travelling

- Maximum of two sequences, each sequence can only be 2 rotations (4 turns)
- Can be the same direction and foot
- Maximum time of 10 secs
- 3 steps are allowed between the sequences

Jump

- Maximum of 1 recognised single rotation jump

Choreo Step Sequence

- Must start from a stationary position
- Starts from the long side of the rink to the other side
- Pattern is free
- Maximum of 30secs

Features – The free Dance must include 2 of the below features

- Arabesque – Forward or backward
- Ina Bauer
- Spread eagle
- Back layover – Must last for 3 metres
- Pivot
- Body Movement Sequence – Minimum of 3 different body movements

Teams of 3

Event 19	Elementary / Preliminary	Werner Tango	Olympic Foxtrot	Roller Samba
Event 20	Inter-Bronze / Bronze	Siesta Tango	Easy Paso	Cha Cha Patin
Event 21	Inter-Silver +	Rocker Foxtrot	14 Step Plus	Viennse Waltz

SSD only Robinson Club Shield

This will be awarded to the most successful club taking part in the Spring Solo Dance Competitions. The Shield will be decided by a points system based on the first ten placed skaters from all solo and Duo events. The club with the highest points total will be awarded the Shield

AUTUMN SOLO DANCE 2020

Details to follow soon