

# Federation of Artistic Roller Skating

## Calendar of Events

2018



# Age Categories 2018

Single, Pairs, Dance, Solo Dance

Entry requirements for Solo Dance events ONLY. There are no standards to enter national championships for Figures, Free or Couples Dance in 2018

Category	Year of Birth	Test Standard
Senior	1998 & Before	Silver
Junior	1999 & 2000	Inter-Silver
Youth	2001 & 2002	Bronze
Cadet	2003 & 2004	Inter-Bronze
Espoir	2005 & 2006	Preliminary
Minis	2007 & 2008	Elementary
Tots	2009 & After	None required

## Championship Standard

Championship standards for Dance events ONLY. The rule requiring championship standard is revoked for Figures and Free. The Figure and Free Championships will be awarded to the winning athlete regardless of mark.

To win a Championship, skaters must reach the required standard minimum mark in each of the championships (Including combined). This must be awarded by the majority of judges. The minimum standards are:

Category	Gold Medal	Silver Medal	Bronze Medal
Junior / Senior	7.0	6.5	6.0
Cadet / Youth	6.5	6.0	5.5
Mini / Espoir	5.5	5.0	4.5
Tots	4.5	4.0	3.5

If the standard is not reached then the championship will not be awarded, it will be treated as a competition and medals/awards will be given but not the championship trophy.

## FARS Events Calendar 2018

<b>10<sup>th</sup> / 11<sup>th</sup> February</b>	<b>Fars Free Skating Seminar</b>	<b>TBC</b>
<b>17<sup>th</sup> / 18<sup>th</sup> March</b>	<b>Spring Solo Dance</b> <b>Address: Thurston Drive, Kettering, NN15 6PB</b>	<b>Kettering Sports Arena</b>
<b>23<sup>rd</sup> – 25<sup>th</sup> March</b>	<b>National Team Gathering Cadet/Youth/Junior/Senior (Figures and Free)</b>	<b>TBC</b>
<b>7<sup>th</sup> / 8<sup>th</sup> April</b>	<b>Figure and Free Comp</b> <b>Address: Thurston Drive, Kettering, NN15 6PB</b>	<b>Kettering Sports Arena</b>
<b>29<sup>th</sup> April</b>	<b>FARS Judges Seminar</b>	<b>TBC</b>
<b>12<sup>th</sup> / 13<sup>th</sup> May</b>	<b>Championships – Dance</b> <b>Tots / Mini / Espoir / Classic / Masters</b> <b>Address: Pasture Hill Road, Haywards Heath, RH16 1LY</b>	<b>Dolphin Leisure Centre</b>
<b>9<sup>th</sup> / 10<sup>th</sup> June</b>	<b>Championships – Dance</b> <b>Cadet / Youth / Junior / Senior / Quartets</b> <b>Address: Thurston Drive, Kettering, NN15 6PB</b>	<b>Kettering Sports Arena</b>
<b>23<sup>rd</sup> / 24<sup>th</sup> June</b>	<b>Championships Figure and Free</b> <b>Tots / Mini / Espoir / Cadet / Youth / Junior / Senior</b> <b>Address: Thurston Drive, Kettering, NN15 6PB</b>	<b>Kettering Sports Arena</b>
<b>20<sup>th</sup> – 22<sup>nd</sup> July</b>	<b>National Team Gathering for Europeans and Worlds (Figures and Free)</b>	<b>TBC</b>
<b>24<sup>th</sup> / 25<sup>th</sup> Nov</b>	<b>Winter Solo Dance</b> <b>Address: Thurston Drive, Kettering, NN15 6PB</b>	<b>Kettering Sports Arena</b>

**Coaches courses for Figure and Free Skating will be held at the end of the year, it is expected the first level will take place during one weekend in November and the second level course will take place during one weekend in December.**

**Official Programme Timings** - *Timings for FARS created events will be alongside the event*

<b>SENIOR</b>	<b>SHORT PROGRAMME</b>	<b>LONG PROGRAMME</b>
Free	2:45 min. +/- 5 sec	Men 4:30min. +/- 10sec Ladies 4:15 to 4:30
Pairs	2:45 min. +/- 5 sec	4:30 min. +/- 10sec
Couple Style Dance	2:50 min. +/- 10 sec	
Couple Free Dance	3:30 min. +/- 10 sec	
Solo Style Dance	2:40 min. +/- 10 sec	
Solo Free Dance	3:00 min. +/- 10 sec	
<b>JUNIOR</b>	<b>SHORT PROGRAMME</b>	<b>LONG PROGRAMME</b>
Free	2:45 min. +/- 5 sec	Men 4:30 min. +/- 10 sec Ladies 4:15 to 4:30
Pairs	2:30 min. +/- 5 sec	4:00 min. +/- 10 sec
Couple Style Dance	2:50 min. +/- 10 sec	
Couple Free Dance	3:30 min. +/- 10 sec	
Solo Style Dance	2:40 min. +/- 10 sec	
Solo Free Dance	3:00 min. +/- 10 sec	
<b>YOUTH</b>	<b>SHORT PROGRAMME</b>	<b>LONG PROGRAMME</b>
Free	2:30 min. +/- 5 sec	4:00 min. +/- 10 sec
Couple Free Dance	3:00 min. +/- 10 sec	
Solo Free Dance	2:30 min. +/- 10 sec	
<b>CADET</b>	<b>SHORT PROGRAMME</b>	<b>LONG PROGRAMME</b>
Free	2:30 min +/- 5 sec	3:30 min. +/- 10 sec
Couple Free Dance	3:00 min. +/- 10 sec	
Solo Free Dance	2:00 min. +/- 10 sec	
<b>ESPOIR</b>		
Free Long Programme	3:00 min. +/- 10 sec	
Couple Free Dance	2:30min. +/- 10 sec	
Solo Free Dance	2:00 min. +/- 10 sec	
<b>MINI</b>		
Free Long Programme	2:30min. +/- 10 sec	
<b>SHOW</b>	<b>MINIMUM</b>	<b>MAXIMUM</b>
Small and Large	4:00 min.	5:00 min. +/- 10 sec
Quartet	3:00 mins. +/- 10 sec	
<b>PRECISION</b>	4:30 min. +/- 10 sec	

# TOTS / MINI / ESPOIR / CLASSIC / MASTERS DANCE CHAMPIONSHIPS 2018

## TOTS CHAMPIONSHIPS

### **COUPLES DANCE** – *Julie Whittingham Trophy*

Dance 1:	Skaters March	<b>No minimum standard</b> 4 sequences
Dance 2:	Glide Waltz	4 sequences

### **SOLO DANCE** – *Nina Asquith Trophy*

Dance 1:	Skaters March	<b>No minimum standard</b> 4 sequences
Dance 2:	Glide Waltz	4 sequences

## MINI CHAMPIONSHIPS

### **COUPLES DANCE** – *Kent Costal Bowl*

Dance 1:	Skaters March	<b>No minimum standard</b> 4 sequences
Dance 2:	Kinder Waltz	4 sequences

### **SOLO DANCE** – *M.K. Shield*

Dance 1:	Skaters March	<b>Min. standard Elementary</b> 4 sequences
Dance 2:	Kinder Waltz	4 sequences

## ESPOIR CHAMPIONSHIPS

### **COUPLES DANCE** - *Galvin Trophy*

Dance 1:	Olympic Foxtrot	<b>No minimum standard</b> 4 sequences
Dance 2:	Werner Tango	4 sequences

### **Free Dance** - *2018 Rules and Regulations*

### **SOLO DANCE** - *M.K.Shield*

Dance 1:	Swing Foxtrot	<b>Min. standard Preliminary</b> 4 sequences
Dance 2:	Werner Tango	4 sequences

### **Free Dance** - *2018 Rules and Regulations*

## CLASSIC / MASTERS CHAMPIONSHIPS

*Skaters entering the Senior Couples/Solo Dance Championships in 2015, 2016 & 2017 are not eligible for these events. Skaters may only enter one solo dance Championship.*

### **CLASSIC COUPLES** – *Belmar Trophy*

#### **Over 25 years**

Dance 1:	Skaters March	3 sequences
Dance 2:	Swing Foxtrot	3 sequences
Dance 3:	City Blues	3 sequences

### **CLASSIC SOLO A** – *Sammy Samuels Trophy*

#### **Over 25 years - Up to Bronze**

Dance 1:	14 Step (Mens Steps)	3 sequences
Dance 2:	Rhythm Blues	3 sequences
Dance 3:	Imperial Tango	3 sequences

### **CLASSIC SOLO B** – *Jem Plate*

#### **Over 25 years – Inter-Silver & above**

Dance 1:	Paso Doble	2 sequences
Dance 2:	Rocker Foxtrot	3 sequences

Dance 3: Blues 2 sequences

**MASTERS SOLO A – *Sherwood Trophy***

**Over 40 – 55 years**

Dance 1: Rhythm Blues 3 sequences

Dance 2: Werner Tango 3 sequences

**MASTERS SOLO B – *Classic Trophy***

**Over 55 years & Above**

Dance 1: Skaters March 3 sequences

Dance 2: Swing Foxtrot 3 sequences

**NB: Masters skaters are permitted to skate in the Classic event, but unable to skate in both Masters and Classics.**

**TOTS / MINI / ESPOIR / CADET / YOUTH / JUNIOR / SENIOR**  
**FIGURE & FREE CHAMPIONSHIPS 2018**

**TOTS CHAMPIONSHIPS**

*No minimum standard*

**FIGURES** *Elizabethan Plate for Girls & Buster Plate for Boys*

- (1) RFO
- (2) RFI

**FREE SKATING** - *Elizabethan Plate for Girls & Casper Plate for Boys*  
2 minutes +/- 5 seconds – Simple free programme

**COMBINED** - *Elizabethan Bowl for Combined Girls & Moorcroft Trophy for Combined Boys*

**MINI CHAMPIONSHIPS**

*No minimum standard*

**FIGURES** *Denham Trophy for Boys and Girls*

**Group 1**

- 3 – RBO
- 8 – a/b FO Three
- 2 – LFI

**Group 2**

- 4 – RBI
- 9 – a/b FI Three
- 1 – LFO

**FREE SKATING** - *Marson Trophy for Girls & FARS Trophy for Boys*

Long programme - 2018 Rules and Regulations

**COMBINED** - *Rutterford Trophy for Girls & Mallinson Trophy for Boys*

**ESPOIR CHAMPIONSHIPS**

*No minimum standard*

**FIGURES** *Wood Trophy for Ladies & FARS Trophy for Men*

**Group 1**

- 19 – a/b FI Bracket
- 14 – RFO Loop
- 28 – a/b Forward Change double three

**Group 2**

- 18 – a/b FO Bracket
- 15 – RFI Loop
- 12 – RBO Double Three

**Group 3**

- 13 – RBI Double Three
- 14 – RFO Loop
- 28 – a/b FO Change Double Three

**FREE SKATING** - *Thirkell Trophy for Ladies & Mallinson for Men*

Long programme - *2018 Rules and Regulations*

**COMBINED SKATING** - *Taylor Cup for Ladies & Taylor Cup for Men*

**CADET CHAMPIONSHIPS**

***No minimum standard***

**FIGURES** - *Falconer Cup for Ladies & FARS Trophy for Men*

1 Group Drawn from the following groups at first practice

**Cadet:**

**Group 1**

13 - RBI Double Three

19 - a/b FI Bracket

15 - RFI Loop

20 - a/b FO Rocker

**Group 2**

18 - a/b FO Bracket

21 - a/b FI Rocker

30 - a/b FO Change Loop

28 - a/b FO Change Double Three

**Group 3**

19 - a/b FI Bracket

22 - a/b FO Counter

16 - RBO Loop

28 - a/b FO Change Double Three

**Group 4**

13 - RBI Double Three

18 - a/b FO Bracket

30 - a/b FO Change Loop

23 - a/b FI Counter

**FREE SKATING** - *Lister Cup for Ladies & Robertson Plate for Men*

Short Programme – *2018 rules and regulations*

Long Programme – *2018 rules and regulations*

**COMBINED SKATING** - *Armstrong Cup for Ladies & Ashley Moore Trophy for Men*

**PAIR SKATING** - *Smith Cups*

**YOUTH CHAMPIONSHIPS**

***No minimum standard***

**FIGURES** - *Leicester Granby for Ladies & FARS trophy for Men*



1 Group Drawn from the following groups at first practice

**Youth:**

**Group 1**

20 - a/b FO Rocker

33 – a/b FIO Change Bracket

16 – RBO Loop

36 – a/b FO Paragraph Double Three

**Group 2**

21 – a/b FI Rocker

33 – a/b FIO Change Bracket

17 – RBI loop

29 – a/b BO Change Double Three

**Group 3**

22 – a/b FO Counter

33 – a/b FIO Change Bracket

17 – RBI loop

36 – a/b FO Paragraph Double Three

**Group 4**

23 – a/b FI Counter

32 – a/b FOI Change Bracket

30 – a/b FOI Change Loop

29 – a/b BO Change Double Three

**FREE SKATING - Ely Trophy for Ladies & Fabb Trophy for Men**

Short Programme – 2018 rules and regulations

Long Programme – 2018 rules and regulations

**COMBINED SKATING - Kallenborn Cup for Ladies & Ethel Frost for Men**

**PAIR SKATING - Gladys Frost**

**JUNIOR CHAMPIONSHIPS**

***No minimum standard***

**FIGURES - Clydebank Trophy for Ladies & FARS trophy for Men**

1 Group Drawn from the following groups at first practice

**Group 1**

**42 – Forward outside Counter combined with Bracket and inside Counter a/b (3 circuits)**

38 – Forward outside Loop paragraph a/b (2 circuits)

36 – Forward outside Double Three paragraph a/b (2 circuits)

**Group 2**

**43 – Forward outside Rocker combined with outside Double Three a/b (3 circuits)**

31 – Backward outside Change Loops a/b (3 circuits)

40 – Forward outside Bracket paragraph a/b (2 circuits)

**Group 3**

**44 – Forward inside Rocker combined with inside Double Three a/b (3 circuits)**

38 – Forward outside Loop paragraph a/b (2 circuits)

40 – Forward outside Bracket paragraph a/b (2 circuits)

#### **Group 4**

**45 – Backward outside Counter combined with Bracket and inside Counter a/b (3 circuits)**

31 – Backward outside Change Loops a/b (3 circuits)

37 – Forward outside Double Three paragraph a/b (2 circuits)

**FREE SKATING** - *McIlhone Trophy for Ladies & Fabb Trophy for Men*

Short Programme – *2018 rules and regulations*

Long Programme – *2018 rules and regulations*

**PAIR SKATING** - *Martin Taylor Cups*

#### **SENIOR CHAMPIONSHIPS**

*No minimum standard*

**FIGURES** - *Dobbins Trophy for Ladies & Dobbins Trophy for Men*

1 Group Drawn from the following groups at first practice

#### **Group 1**

**46 – Forward outside Double Three combined with outside Rocker and backward Double Three a/b (2 circuits)**

39 – Backward outside Loop paragraph a/b (2 circuits)

**47 – Forward outside Bracket combined with inside Counter and backward Bracket a/b (2 circuits)**

#### **Group 2**

**48 – Backward outside Double Three combined with outside Rocker and forward Double Three a/b (2 circuits)**

38 – Forward outside Loop paragraph a/b (2 circuits)

**49 – Backward outside Bracket combined with inside Counter and forward Bracket a/b (2 circuits)**

#### **Group 3**

**50 – Forward Double Three combined with outside Counter and backward Double Three a/b (2 circuits)**

39 – Backward outside Loop paragraph a/b (2 circuits)

**51 – Forward outside Bracket combined with inside Rocker and backward Bracket a/b (2 circuits)**

#### **Group 4**

**52 – Backward outside Double Three combined with outside Counter and forward Double Three a/b (2 circuits)**

38 – Forward outside Loop paragraph a/b (2 circuits)

**53 – Backward outside Bracket combined with inside Rocker and forward Bracket a/b (2 circuits)**

**FREE SKATING** - *Dobbins Trophy for Ladies & Dobbins Trophy for Men*

Short Programme – *2018 rules and regulations*

Long Programme – *2018 rules and regulations*

**PAIR SKATING** - *Gilbey White Cups*

## Cup of Europe Figures

### **Mini**

#### **Group 1**

3 – RBO

#### **6 - a/b BOI Change**

8 - a/b FO Three

#### **Group 2**

4 – RBI

#### **5 – a/b FOI Change**

9 – a/b FI Three

### **Espoir**

#### **Group 1**

**10 - RFO Double Three**

**19 – a/b FI Bracket**

14 – RFO Loop

#### **Group 2**

**11 RFI double Three**

18 a/b FO Bracket

15 RFI Loop

#### **Group 3**

13 RBI Double Three

19 a/b FI Bracket

14 RFO Loop

# CADET / YOUTH / JUNIOR / SENIOR DANCE CHAMPIONSHIPS 2018

## CADET CHAMPIONSHIPS

### **COUPLES DANCE - Terenzi Trophies**

***No minimum standard***

Dance 1	Swing Foxtrot	4 sequences
Dance 2	Siesta Tango	4 sequences

**Free Dance – 2018 Rules and Regulations**

### **SOLO DANCE - M.K. Shield**

***Min. Standard: Inter-Bronze***

Dance 1	Keats Foxtrot	4 sequences
Dance 2	Siesta Tango	4 sequences

**Free Dance – 2018 Rules and Regulations**

## YOUTH CHAMPIONSHIPS

### **COUPLES DANCE - Newgate Cup**

***No minimum standard***

Dance 1:	Keats Foxtrot	4 sequences
Dance 2:	Imperial Tango	4 sequences

**Free Dance – 2018 Rules and Regulations**

### **SOLO DANCE - M.K. Shield**

***Min. Standard: Bronze***

Dance 1:	Federation Foxtrot	4 sequences
Dance 2:	Kent Tango	4 sequences

**Free Dance – 2018 Rules and Regulations**

### **Cadet and Youth Solo Dance**

The decision whether to split these events into Mens and Ladies will be made once the entry has closed.

## **JUNIOR CHAMPIONSHIPS**

**COUPLES DANCE - Walbra Cups**

***No minimum standard***

**Style Dance:** Classic Medley with 1 sequences of Castel March  
100+-2bpm)

**Free Dance – 2018 Rules and Regulations**

**SOLO DANCE - M.K.Shield**

***Min. Standard: Inter-Silver***

**Style Dance:** Spanish Medley with 1 sequences of Argentine Tango (Mens Step)  
96+-2bpm)

**Free Dance – 2018 Rules and Regulations**

## **SENIOR CHAMPIONSHIPS**

**COUPLES DANCE - Faudel Phillips Trophies**

***No min. standard***

**Style Dance:** Rock Medley with 1 sequences of Midnight Blues  
88+-2bpm)

**Free Dance – 2018 Rules and Regulations**

**SOLO DANCE - Mike Ward Trophy for Ladies& Stephen Bruce Trophy for Men**

***Min. Standard: Silver***

**Style Dance:** Swing Medley with 1 sequences of Italian Foxtrot  
96+-2bpm)

**Free Dance – 2018 Rules and Regulations**

## **PRECISION CHAMPIONSHIPS - Imperial Bowl**

### **Show Teams**

Quartet

Small Groups (6-12 skaters)

Large Groups (16-30 skaters)

**For all Show events, there is a minimum age limit of 12 years old.**

## **SPRING SOLO DANCE 2018**

### **Solo Dance**

#### **Solo Dance Rules**

- Skaters are permitted to only enter one (1) solo dance event
- Skaters are not permitted to skate up
- Events 1 to 7 & 12-17 will be split in to 'A' and 'B' events.
  - A = Skaters who are the correct age and test standard for the category.
  - B = Skaters who are the correct age for the category but do NOT hold the correct test standard.

Event 1	Tots	Skaters March	Glide Waltz
Event 2	Mini	Skaters March	Kinder Waltz
Event 3	Espoir	Swing Foxtrot	Werner Tango
Event 4	Cadet	Keats Foxtrot	Siesta Tango
Event 5	Youth	Federation Foxtrot	Kent Tango
Event 6	Junior	Argentine Tango (Mens Steps)	* Junior Pick (see Spring Solo rules)
Event 7	Senior	Italian Foxtrot (2018 Steps)	* Senior Pick (see Spring Solo rules)
Event 8	Classic 25 years + A Up to Bronze	14 Step (Mens Steps)	Rhythm Blues
Event 9	Classic 25 years + B Inter-Silver and above	Paso Doble	Blues
Event 10	Masters 40 - 55 years	Swing Foxtrot	Werner Tango
Event 11	Masters 55 years +	Skaters March	Carlos Tango

### **Free Dance**

Event 12	Mini	See Spring Solo rules section
Event 13	Espoir	Espoir rules apply
Event 14	Cadet	Cadet rules apply
Event 15	Youth	Youth rules apply
Event 16	Junior	Junior rules apply
Event 17	Senior	Senior rules apply

**2018 Free Dance Rules should be used**

## **Duo Dance**

### **Duo Dance Rules**

- Skaters are only permitted to enter one (1) Duo event
- Skaters are not permitted to skate up
- Skaters ONLY need to be the correct age to enter the event (test standards are not included)

Event 18	Tots/Mini/Espoir	Skaters March	Carlos Tango
Event 19	Cadet/Youth	Rhythm Blues	Kent Tango
Event 20	Junior/Senior	14 Step Plus	Westminster Waltz

### **Couples Dance**

Event 21	Open Standard	Italian Foxtrot	Siesta Tango
Event 22	Open Standard	Denver Shuffle	Canasta Tango

### **SSD only Robinson Club Shield**

This will be awarded to the most successful club taking part in the Spring Solo Dance Competitions. The Shield will be decided by a points system based on the first ten placed skaters from all solo and Duo events. The club with the highest points total will be awarded the Shield

### **Ages**

<b>Category</b>	<b>Year of Birth</b>	<b>Test Standard</b>
Senior	1998 & Before	Silver
Junior	1999 & 2000	Inter-Silver
Youth	2001 & 2002	Bronze
Cadet	2003 & 2004	Inter-Bronze
Espoir	2005 & 2006	Preliminary
Minis	2007 & 2008	Elementary
Tots	2009 & After	None required

## **Spring Solo Rules**

### **Duos Dance:**

Conventional Couples holds (Waltz, Foxtrot, Tango etc.) are not permitted to be used in Duo teams. The below elements must be seen in each category, if the elements are not met .3 will be taken from each judges score.

### **Mini/Espoir**

#### **Set Elements: -**

1. At least 2 changes of hold must be taken during each dance

### **Cadet/Youth**

#### **Set Elements**

1. At least 1 position change and 1 hold change should be taken during each dance

### **Junior/Senior**

#### **Set Elements**

1. At least 2 position changes and 2 hold changes should be taken during each dance

### **Free Dance: Mini – 2:00 mins +/- 10secs**

#### **Set Elements: -**

1. One straight line step sequence commencing from a standing start along the long axis of the rink extending as near as possible the full length of the skating surface.

All steps and turns are permitted. Free Skating movements appropriate to the rhythm, music and character of the dance are permitted.

Kneeling or laying on the floor is only allowed at the beginning and/or end of the programme. This may be done for a maximum of five (5) seconds at the beginning or at the end.

Certain Free Skating movements such as turns, arabesques, pivots, jumps and spins are permitted with the following limitations:

- No more than three (3) revolutions per spin are permitted.
- Total number of spins must not exceed one (1).
- Small dance jumps are permitted but must not exceed more than one revolution
- Total number of jumps must not exceed one (1).

A Jump in Solo Free Dance means a recognised Jump of one rotation. This does not include Half Rotation Jumps or Two Footed Jumps, or Three Jumps, all of which can be included in the programme and Judged in the Technical Mark

### **The Head of Dance will draw the dance on the Saturday morning of the event:**

#### **\*Junior Pick**

1. Cha Cha Patin
2. 14 Step Plus
3. Flirtation Waltz

#### **\*Senior Pick**

1. Paso Doble
2. Harris Tango
3. Starlight Waltz



## FIGURE AND FREE COMPETITION

### Figure and Free Competition Rules

- Skaters are permitted to only enter one figure and/or one free event
- Skaters are not permitted to skate up an age category
- ALL events will be split into: -
  - 'A' Competitions – Skaters entering Championships 2018 with correct age/standard.
  - 'B' Competitions – All 'B' events are by standard. **NB: events may then be split further by age should there be a high number of entries.**

### 'A' COMPETITIONS

**TOTS COMPETITION** – No qualification required

Figures:

- |     |     |
|-----|-----|
| (1) | RFO |
| (2) | RFI |

**Free Long Programme:** 2 minutes +/- 5 seconds

**MINI COMPETITION** – Required standard: Elementary

Figures:

- |      |           |
|------|-----------|
| (4)  | RBI       |
| (8a) | RFO Three |

**Free Long Programme** – *Rules and Length of programme the same as championships*

**ESPOIR COMPETITION** – Required standard: Preliminary

Figures:

- |      |             |
|------|-------------|
| (6b) | LFIO Change |
| (9a) | RFI Three   |

**Free Long Programme**

**CADET COMPETITION** – Required standard: Inter-Bronze

Figures:

- |       |                   |
|-------|-------------------|
| (11)  | RFI Double Threes |
| (18b) | LFO Bracket       |
| (14)  | RFO Loop          |

**Free Long Programme** - *Rules and Length of programme the same as championships*

**YOUTH COMPETITION** – Required standard: Bronze

Figures:

- |       |                         |
|-------|-------------------------|
| (28a) | RFO Change double three |
| (23b) | LFI Counter             |
| (30a) | RFOI Change Loop        |

**Free Long Programme** - *Rules and Length of programme the same as championships*

## **JUNIOR COMPETITION - Required standard: Inter-Silver**

### **Figures:**

(42 a/b)	FO Counter combined with bracket and Inside Counter (3 circuits)
(21 a/b)	FI Rocker (3 circuits)
(17)	RBI loop (3 circuits)

**Free Long Programme** - *Rules and Length of programme the same as championships*

## **SENIOR COMPETITION - Required standard: Silver**

### **Figures:**

(46 a/b)	FO Double Three combined with Outside Counter & Backward Double Three (2 circuits)
(40 a/b)	FO Paragraph Bracket (3 circuits)
(31 a/b)	BO Change Loop (3 circuits)

**Free Long Programme** - *Rules and Length of programme the same as championships*

## **'B' COMPETITIONS**

### **NOVICE COMPETITION – No qualification required**

#### **Figures:**

(1)	RFO
(2)	RFI

**Free Programme:** 2 minutes +/- 5 seconds

### **ELEMENTARY COMPETITION – Required standard: Elementary**

#### **Figures:**

(4)	RBI
(8a)	RFO Three

**Free Programme:** 2 minutes +/- 5 seconds

### **PRELIMINARY COMPETITION – Required standard: Preliminary**

#### **Figures:**

(6b)	LBOI Change
(9a)	RFI Three

**Free Programme:** 2 minutes +/- 5 seconds

### **INTER-BRONZE COMPETITION – Required standard: Inter-Bronze**

#### **Figures:**

(11)	RFI Double Threes
(18b)	LFO Bracket
(14)	RFO Loop

**Free Programme:** 3 minutes +/- 10 seconds

**BRONZE COMPETITION – Required standard: Bronze**

**Figures:**

- (28a) RFO Change double three
- (23b) LFI Counter
- (30a) RFOI Change Loop

**Free Programme:** 3 minutes +/- 10 seconds

**INTER-SILVER COMPETITION - Required standard: Inter-Silver**

**Figures:**

- (42 a/b) FO Counter combined with bracket and Inside Counter (3 circuits)
- (21 a/b) FI Rocker (3 circuits)
- (17) RBI loop (3 circuits)

**Free Programme:** 4 minutes +/- 10 seconds

**SILVER COMPETITION - Required standard: Silver**

**Figures:**

- (46 a/b) FO Double Three combined with Outside Counter & Backward Double Three (2 circuits)
- (40 a/b) FO Paragraph Bracket (3 circuits)
- (31 a/b) BO Change Loop (3 circuits)

**Free Programme:** 4 minutes +/- 10 seconds

## **NOTES FOR THE COMPETITIVE STRUCTURE**

### **UNLESS SPECIFIED OTHERWISE THESE RULES COVER ALL DISCIPLINES OF ARTISTIC ROLLER SKATING**

1. All competitors in FARS Events must be fully paid up members of the Federation of Artistic Roller Skating (FARS)
  2. All entries, must be received by the office a minimum of two (2) calendar months prior to the date of the event. No late entries will be accepted.
  3. All Championship entries are controlled by age, including Inline.
  4. The standard of a skater is on the closing date for entries. Any forthcoming tests will not be taken into consideration.
  5. All ages quoted within the structure are "skating ages". In the case of Dance and Pairs events, the age used for the calculation will be that of the eldest partner. If during the season the partnership splits, then in the following season the respective partners can re-enter at the level at which their age dictates. The skating age is the age of a skater in the year in which the events take place.
  6. Trophies will be awarded to all Championship winners, providing the required standard is reached, (Figures, Free, Combined, Dance & Pairs) In Competitions trophies will be awarded for dance, pairs and combined only. FARS medals or miniature trophies will be awarded to the first three places in all Championships and Competitions.
  7. All Championships will be marked using a public marking system where possible. Results for all the events held by the FARS will be calculated using the current FIRS Artistic regulations for calculations.
  8. The structure allows all skaters to skate one Championship in any one season; as set by their age. NOTE: There is no restriction on entering both the Junior and Senior Championships (including the Solo Dance Championships) in the same year, but once a skater has entered a Senior Championship, they cannot go back to the Junior event in subsequent years.
  9. In the case of Figure and Free Skating Championships, skaters can enter just one of the disciplines if they wish to do the single discipline.
  10. The compulsory figures in FARS events will be skated on circles of 6 metres in diameter.
  11. Music for FARS events must be sent digitally before the event. Clubs must take the appropriate steps to ensure that the music recording levels have been maximised and that the music provided is clear and is the correct version. Full instructions of how to do this will be sent to all clubs – any music not complying with these instructions will be rejected. 1 (one) USB per club should be brought to the venue containing all the clubs music as a backup, the USB should be clearly marked with the clubs name.
  12. The Board of FARS may decide to split the Event by age, if necessary after the closing date. The order of skating in both Long and Free Dance programmes will be determined by a redraw in groups if necessary based upon the result calculated by the FIRS Artistic system following the short programme or Style Dance.
  13. For all Solo Dance Events LADIES STEPS will be skated unless specified.
  14. Music: Style Dance – It is mandatory to present before the Dance competition a certificate to confirm:
    1. The rhythms used
    2. The number of BPM of the Compulsory Dance Sequence(s)
- FARS will arrange verification of Style Dance, information will be sent to all clubs when this service is open.
15. There is no restriction on skaters entering both their respective Solo and Couples Dance Events.

16. There will be no minimum entry standards for Figure, Free, Pairs and Couples Dance Championships in 2018.

17. FARS reserves the right to refuse admission to any FARS Event.

### **Rules and Regulations**

FARS normally produces a “Rules and Regulations” document, these rules are copied from the CERS Artistic and FIRS Artistic regulation documents. As both manuals are “living” documents changes could occur throughout the year which means the FARS rules can become out of date. The FARS Board of Management wants to make sure all FARS Members has the latest information, so we encourage you to use the governing bodies regulations only.

CERS Artistic – Mini to Youth regulations

Link: <http://www.cers.pt>

FIRS Artistic – Junior to Senior regulations

Link: <http://www.rollersports.org/discipline/artistic/regulations>

If you have any questions around any of the rules please don't hesitate to contact the FARS Technical Officer at [technicalofficer@fars.co.uk](mailto:technicalofficer@fars.co.uk)

## **International Selection Criteria FOR DANCE ONLY**

### **International Championships Events**

#### **Includes European Championships, World Championships and Cup of Europe ONLY**

All selections for the above events will be based on championships results, teams will be announced at championships wherever possible. The final decision on selections will be made by the FARS Executive Board.

**Finishing 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> in the National Championships does not guarantee selection.**

### **'A' International Events**

#### **Includes Hettange, German Cup & Misano,**

To apply for a 'A' International event please complete an *International Application Form* (available on the FARS site <http://www.fars.co.uk/international-news>).

To be considered for a 'A' International competition, the below must first be adhered to:

- Top 5 finish at National Championships
- Minimum Test Standard:
  - Senior Silver
  - Junior Inter-Silver
  - Youth Bronze
  - Cadet Inter-Bronze
  - Espoir Preliminary

There is no minimum test standard for Minis for these International competitions.

### **'B' International Events**

#### **Includes Saen Trophy, Chapatim Roller Cup, Issy, Swiss Cup, Trofeo International, Sedmark Bressan, Amphora, Fabio Paulin Trophy)**

To apply for a 'B' International event please complete an *International Application Form* (available on the FARS site <http://www.fars.co.uk/international-news>).

To be considered for a 'B' International competition, the below must first be adhered to:

- Top 10 finish at National Championships

### **Additional Notes**

1. Skaters applying for 'A' or 'B' international competitions maybe be asked to complete a trial if they are applying for a higher category than skated in their previous championships.
2. Clubs must apply on behalf of skaters, applications from skaters or parents directly will be declined.
3. All contact from FARS will be direct to the club and not the individual skaters
4. All correspondence from skaters must be via the club to FARS including acceptance emails.
5. All 'A' class international competitions skaters will skate under Great Britain and skaters must wear the Great Britain 'B' tracksuit, t-shirts and parade outfit
6. All 'B' international competitions skaters will skate under their club and NOT Great Britain. Skaters should wear their club uniform and parade outfit.

## International selections for Figures and Free ONLY

International selections will be made by the Head of Figures and Free following consultation with a selection team, the aim being to follow a skater focussed process to arrive at a decision. This process will start at the beginning of the year, where potential international athletes will be invited to a national gathering. The invitation is based on the previous year's results and attendance at seminars. It does not mean that a place will be offered, merely that it is a possibility either during the coming season or in future years depending on the skater's ability, attitude and commitment to achieving results. For competitions before the championships such as the German Cup the selection will be made following the results of the national gathering. For competitions following the championships the skaters will be informed after the championships. The communication will be by written announcement.

We are looking to progress as a nation internationally and skaters would be required to show that they have a solid base technique. This will be preferable to poor technique in attempting a higher grade of jump. Participation in seminars will be considered favourably as a sign of skater commitment.

## **Federation Fees 2018**

### **Championship Fees 2018 season**

Tots & Mini Championships	£11.00 per skater
Espoir Championships	£18.00 per skater
Cadet / Youth Championships	£20.00 per skater
Junior Championships	£24.00 per skater
Senior Championships	£31.00 per skater
Classic/Masters Couples & Solos	£18.00 per skater
Precision / Show / Quartet	£7.00 per skater

*(The show prices should be used for SSD and WSD)*

### **Competition Fees 2018 season**

Novice / Preliminary Competition	£17.00 per skater
Bronze Competitions	£19.50 per skater
Inter-Silver Competitions	£20.50 per skater
Silver Competition	£24.50 per skater
Open Challenge Singles / Couple	£13.00 per skater
Open Challenge Show Group	£28.00 per team
Spring/Winter Solo Events	£14.00 per skater
Spring/Winter Solo Duo / Couples	£8.00 per skater

### **Test Fees**

Elementary / Preliminary Class	£9.00
Inter-Bronze / Bronze Class	£14.00
Intermediate Second Class	£14.00
Second Class	£18.00
Intermediate First Class	£18.00
First Class	£18.00
Gold Star	£27.00

### **Federation Membership Subscription Fees**

Junior (Under 18 years)	£22.00 per year
Senior (18 and over)	£31.50 per year

NEW FIRST TIME MEMBERS will receive a reduced membership of half price (£11.00 for Juniors and £15.75 for Seniors) for their first year of Membership. (This does not apply for lapsed memberships who must renew at the normal rate).

<b><u>Club Affiliation Fees</u></b>	£40.00 per annum
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<b><u>Affiliated Skating School Fees</u></b>	£100.00 per annum
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**Permit Fees**

No permit fees are payable for Affiliated Clubs  
Non-Affiliated Clubs / Organisations permit fee £50.00

**Line Fees**

For all Competitions a levy of 75p is payable on each entry line from the published results  
This applies to both Affiliated and Non-Affiliated Clubs.  
If these are not paid within 28 days after the Competitions, double fees will be invoiced.

**Exhibition Permit Fees Galas / Shows / Pantomimes / etc.**

*By arrangement with the FARS Office*

Neither the Federation of Artistic Roller Skating nor its Departmental Committees or Sub-Committees shall be liable for accidents however caused by the Federation Members. Affiliated Clubs or their Members, Competitors or Candidates for Tests or Officials appointed by FARS arising out of or in connection with the activities of the Federation on outdoor or indoor surfaces.