



# The Federation of Artistic Roller Skating

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## SPRING SOLO DANCE 2018

### Solo Dance

#### Solo Dance Rules

- Skaters are permitted to only enter one (1) solo dance event
- Skaters are not permitted to skate up
- Events 1 to 7 & 12-17 will be split in to 'A' and 'B' events.
  - A = Skaters who are the correct age and test standard for the category.
  - B = Skaters who are the correct age for the category but do NOT hold the correct test standard.

Event 1	Tots	Skaters March	Glide Waltz
Event 2	Mini	Skaters March	Kinder Waltz
Event 3	Espoir	Swing Foxtrot	Werner Tango
Event 4	Cadet	Keats Foxtrot	Siesta Tango
Event 5	Youth	Federation Foxtrot	Kent Tango
Event 6	Junior	Argentine Tango (Mens Steps)	* Junior Pick (see Spring Solo rules)
Event 7	Senior	Italian Foxtrot (2018 Steps)	* Senior Pick (see Spring Solo rules)
Event 8	Classic 25 years + A Up to Bronze	14 Step (Mens Steps)	Rhythm Blues
Event 9	Classic 25 years + B Inter-Silver and above	Paso Doble	Blues
Event 10	Masters 40 - 55 years	Swing Foxtrot	Werner Tango
Event 11	Masters 55 years +	Skaters March	Carlos Tango

## **Free Dance**

Event 12	Mini	See Spring Solo rules section
Event 13	Espoir	Espoir rules apply
Event 14	Cadet	Cadet rules apply
Event 15	Youth	Youth rules apply
Event 16	Junior	Junior rules apply
Event 17	Senior	Senior rules apply

### **2018 Free Dance Rules should be used**

## **Duo Dance**

### **Duo Dance Rules**

- Skaters are only permitted to enter one (1) Duo event
- Skaters are not permitted to skate up
- Skaters ONLY need to be the correct age to enter the event (test standards are not included)

Event 18	Tots/Mini/Espoir	Skaters March	Carlos Tango
Event 19	Cadet/Youth	Rhythm Blues	Kent Tango
Event 20	Junior/Senior	14 Step Plus	Westminster Waltz

## **Couples Dance**

Event 21	Open Standard	Italian Foxtrot	Siesta Tango
Event 22	Open Standard	Denver Shuffle	Canasta Tango

## **SSD only Robinson Club Shield**

This will be awarded to the most successful club taking part in the Spring Solo Dance Competitions. The Shield will be decided by a points system based on the first ten placed skaters from all solo and Duo events. The club with the highest points total will be awarded the Shield

## **Spring Solo Rules**

### **Duos Dance:**

Conventional Couples holds (Waltz, Foxtrot, Tango etc.) are not permitted to be used in Duo teams. The below elements must be seen in each category, if the elements are not met .3 will be taken from each judges score.

### **Mini/Espoir**

#### **Set Elements: -**

1. At least 2 changes of hold must be taken during each dance

### **Cadet/Youth**

#### **Set Elements**

1. At least 1 position change and 1 hold change should be taken during each dance

### **Junior/Senior**

#### **Set Elements**

1. At least 2 position changes and 2 hold changes should be taken during each dance

### **Free Dance: Mini – 2:00 mins +/- 10secs**

#### **Set Elements: -**

1. One straight line step sequence commencing from a standing start along the long axis of the rink extending as near as possible the full length of the skating surface.

All steps and turns are permitted. Free Skating movements appropriate to the rhythm, music and character of the dance are permitted.

Kneeling or laying on the floor is only allowed at the beginning and/or end of the programme. This may be done for a maximum of five (5) seconds at the beginning or at the end.

Certain Free Skating movements such as turns, arabesques, pivots, jumps and spins are permitted with the following limitations:

- No more than three (3) revolutions per spin are permitted.
- Total number of spins must not exceed one (1).
- Small dance jumps are permitted but must not exceed more than one revolution
- Total number of jumps must not exceed one (1).

A Jump in Solo Free Dance means a recognised Jump of one rotation. This does not include Half Rotation Jumps or Two Footed Jumps, or Three Jumps, all of which can be included in the programme and Judged in the Technical Mark

### **The Head of Dance will draw the dance on the Saturday morning of the event:**

#### **\*Junior Pick**

1. Cha Cha Patin
2. 14 Step Plus
3. Flirtation Waltz

#### **\*Senior Pick**

1. Paso Doble
2. Harris Tango
3. Starlight Waltz