



SPRING SOLO DANCE 2017 – Updated 30.12.2016

Dear Clubs,

There was an error with the Free Dance events, it should have followed the Solo Dance events and been in age category and not standard.

This has now been changed to be in line.

Please could you make the necessary amendments to your entry with the office, the entry will be open for another week to enable clubs to make the changes needed.

Apologies for any inconvenience caused.

Regards,

Nick Loader
FARS President

SPRING SOLO DANCE 2017

Solo Dance

Solo Dance Rules

- Skaters are permitted to only enter one (1) solo dance event
- Skaters are not permitted to skate up
- Events 1 to 7 and 12 to 16 will be split in to 'A' and 'B' events.
 - A = Skaters who are the correct age and test standard for the category.
 - B = Skaters who are the correct age for the category but do NOT hold the correct test standard.

Event 1	Tots	Olympic Foxtrot	104	Canasta Tango	100
Event 2	Mini	Kinder Waltz	120	Carlos Tango	96
Event 3	Espoir	Denver Shuffle	100	Werner Tango	100
Event 4	Cadet	Easy Paso	104	Tudor Waltz	144
Event 5	Youth	Cha Cha Patin	112	Association Waltz	132
Event 6	Junior	Terenzi Waltz	168	Blues	88
Event 7	Senior	Argentine Tango	96	Midnight Blues	92
Event 8	Classic 25 years + A Up to Bronze	Easy Paso	104	Werner Tango	100
Event 9	Classic 25 years + B Inter-Silver and above	Flirtation Waltz	120	Harris Tango	100
Event 10	Masters 40 - 55 years	Kinder Waltz	120	Carlos Tango	96
Event 11	Masters 55 years +	Olympic Foxtrot	104	Canasta Tango	100

Free Dance

Event 12	Mini	2 mins Free Dance (see rules section)
Event 13	Espoir	2 mins Free Dance (Espoir rules apply)
Event 14	Cadet	2 mins Free Dance (Cadet rules apply)
Event 14a	Youth	2½ mins Free Dance (Youth rules apply)
Event 15	Junior	2½ mins Free Dance (Junior rules apply)
Event 16	Senior	2½ mins Free Dance (Senior rules apply)

2017 Free Dance Rules should be used
Duo Dance

Duo Dance rules

- Skaters are only permitted to enter one (1) Duo event
- Skaters are not permitted to skate up
- Skaters ONLY need to be the correct age to enter the event (test standards are not included)

Event 17	Tots/Mini/Espoir	Denver Shuffle	100	Canasta Tango	100
Event 18	Cadet/Youth	14 Step	108	Tudor Waltz	144
Event 19	Junior/Senior	Flirtation Waltz	120	Rocker Foxtrot	104

Couples Dance

Event 20	Open Standard	Starlight Waltz	168	Imperial Tango	104
Event 21	Open Standard	Skaters March	100	Carlos Tango	96

SSD only Robinson Club Shield

This will be awarded to the most successful club taking part in the Spring Solo Dance Competitions. The Shield will be decided by a points system based on the first ten placed skaters from all solo and Duo events. The club with the highest points total will be awarded the Shield

Ages

Category	Year of Birth	Test Standard
Senior	1997 & Before	Silver
Junior	1998 & 1999	Inter-Silver
Youth	2000 & 2001	Bronze
Cadet	2002 & 2003	Inter-Bronze
Espoir	2004 & 2005	Preliminary
Minis	2006 & 2007	Elementary
Tots	2008 & After	None required

Rules

Duos Dance:

Conventional Couples holds (Waltz, Foxtrot, Tango etc.) are not permitted to be used in Duo teams. The below elements must be seen in each category, if the elements are not met .3 will be taken from each judges score.

Mini/Espoir

Set Elements:-

1. At least 2 changes of hold must be taken during each dance

Cadet/Youth

Set Elements

1. At least 1 position change and 1 hold change should be taken during each dance

Junior/Senior

Set Elements

1. At least 2 position changes and 2 hold changes should be taken during each dance

Free Dance: Mini – 2mins +- 10secs

Set Elements: -

1. One straight line step sequence commencing from a standing start along the long axis of the rink extending as near as possible the full length of the skating surface.

All steps and turns are permitted. Free Skating movements appropriate to the rhythm, music and character of the dance are permitted.

Kneeling or laying on the floor is only allowed at the beginning and/or end of the programme. This may be done for a maximum of five (5) seconds at the beginning or at the end.

Certain Free Skating movements such as turns, arabesques, pivots, jumps and spins are permitted with the following limitations:

- No more than three (3) revolutions per spin are permitted.
- Total number of spins must not exceed one (1).
- Small dance jumps are permitted but must not exceed more than one revolution
- Total number of jumps must not exceed one (1).

A Jump in Solo Free Dance means a recognised Jump of one rotation. This does not include Half Rotation Jumps or Two Footed Jumps, or Three Jumps, all of which can be included in the programme and Judged in the Technical Mark

Rota

The rota will only be decided once the entry has closed, it is likely that we will try and keep categories to one day. **Example Saturday: Tots to Espoir, Sunday: Cadet to Masters.**